

**Surveillance Advances**  
**Progrès dans le domaine de la surveillance**

# Advancing the practice of wastewater surveillance

# Faire progresser la pratique de la surveillance des eaux usées

March 26, 2024

12:00 – 1:00pm CT / 1:00 – 2:00pm ET

## Speakers

Dr. Catherine Huot  
Christine Jobin  
Dr. Inès Levade

Institut national de santé publique du Québec (INSPQ)



National Collaborating Centre  
for Infectious Diseases  
Centre de collaboration nationale  
des maladies infectieuses



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada



# Land Acknowledgment: NCCID



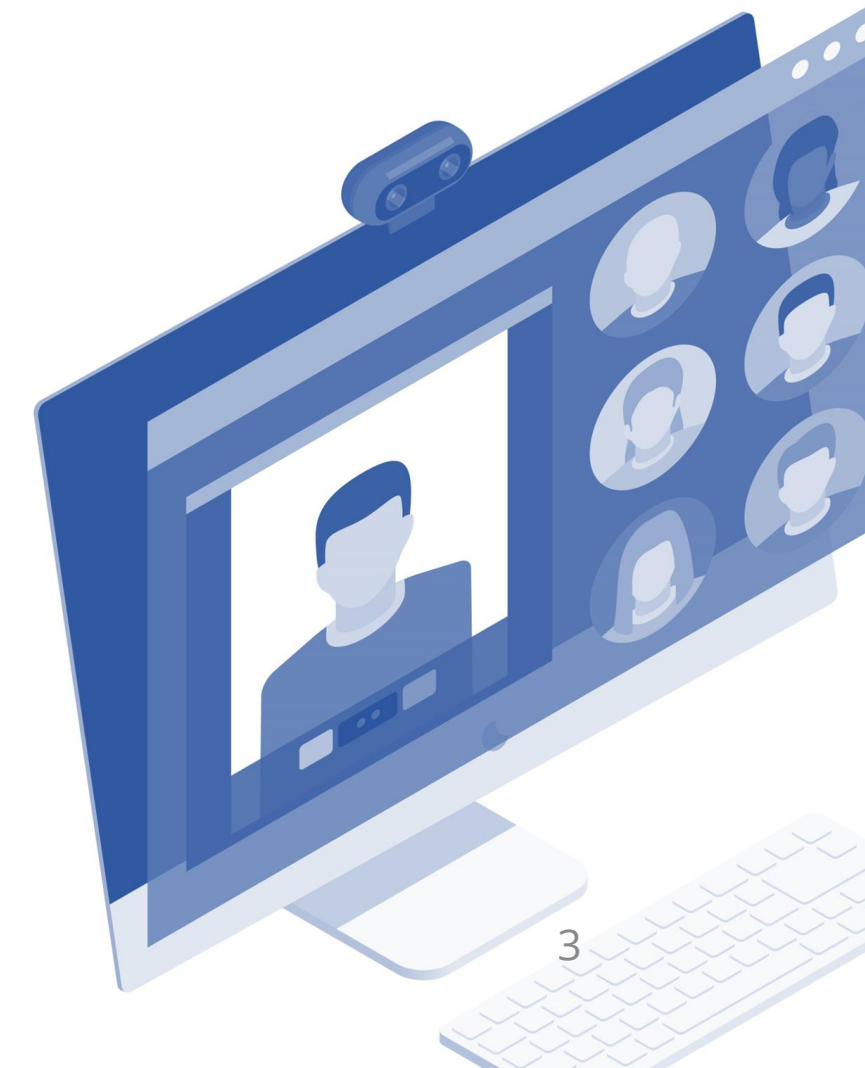
The National Collaborating Centre for Infectious Diseases is hosted by the University of Manitoba, on the original lands of Anishinaabe, Cree, Oji-Cree, Dakota and Dene peoples, and on the homeland of the Métis Nation.

At NCCID, we strive to honor the lands and their original caretakers in our work. We acknowledge that we are on Treaty One land. We recognize that this and other treaties, have been implemented as part of the process of colonization intended to benefit some while harming others. We are committed to working with our partners towards reconciliation.

# Housekeeping



- Seminar recording and presentation slides will be available shortly after the seminar at the NCCID website: <https://nccid.ca/>
- If you have technical problems with Zoom, please email us at [nccid@umanitoba.ca](mailto:nccid@umanitoba.ca)
- The chat box for participants has been disabled for this session. We will use the chat box to share additional information.
- Please use the Q&A tab to submit your questions for our speakers. You can “like” other people’s questions to push them up in priority



# Accreditation



Surveillance Advances is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the **Royal College of Physicians and Surgeons of Canada**.

The seminar series is also approved by the Council of Professional Experience for professional development hours for members of the **Canadian Institute of Public Health Inspectors**.

If you would like a letter of participation, please complete the survey which will be shared after the seminar.



# Land Acknowledgment: PHAC



I would like to begin by acknowledging that I live and work on unceded Indigenous lands. The Kanien'kehá:ka Nation is recognized as the custodians of the lands and waters on which we gather today. Tiohtià:ke/Montréal is historically known as a gathering place for many First Nations. Today, it is home to a diverse population of Indigenous and other peoples. We respect the continued connections with the past, present and future in our ongoing relationships with Indigenous and other peoples within the Montreal community.

# Today's speakers



**Dr. Caroline Huot**

MD MSc FRCPC

Public Health and Preventive  
Medicine Specialist | Médecin  
spécialiste en santé publique et  
médecine préventive

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**Christine Jobin**

MSc

Scientific Advisor |  
Conseillère scientifique  
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**Dr. Inès Levade**

PhD

Clinical Specialist in Medical  
Biology | Spécialiste clinique  
en biologie médicale

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Advancing the Practice of  
Wastewater Surveillance

## Québec's Wastewater Surveillance Program for COVID-19



**Caroline Huot**  
**Christine Jobin**  
**Inès Levade**

Institut national de santé publique du Québec (INSPQ)  
March 26, 2024



# Conflicts of interest

We have no conflicts of interest





# Learning Objectives



- Know the current research on wastewater surveillance for monitoring COVID-19
- Gain insight into the validity and feasibility of wastewater surveillance in monitoring pathogens in Québec, with an emphasis on tracking infectious diseases such as COVID-19
- Explore the advantages of wastewater SARS-CoV-2 sequencing as a complementary tool to individual clinical sample sequencing for surveillance purposes.



# Presentation Plan



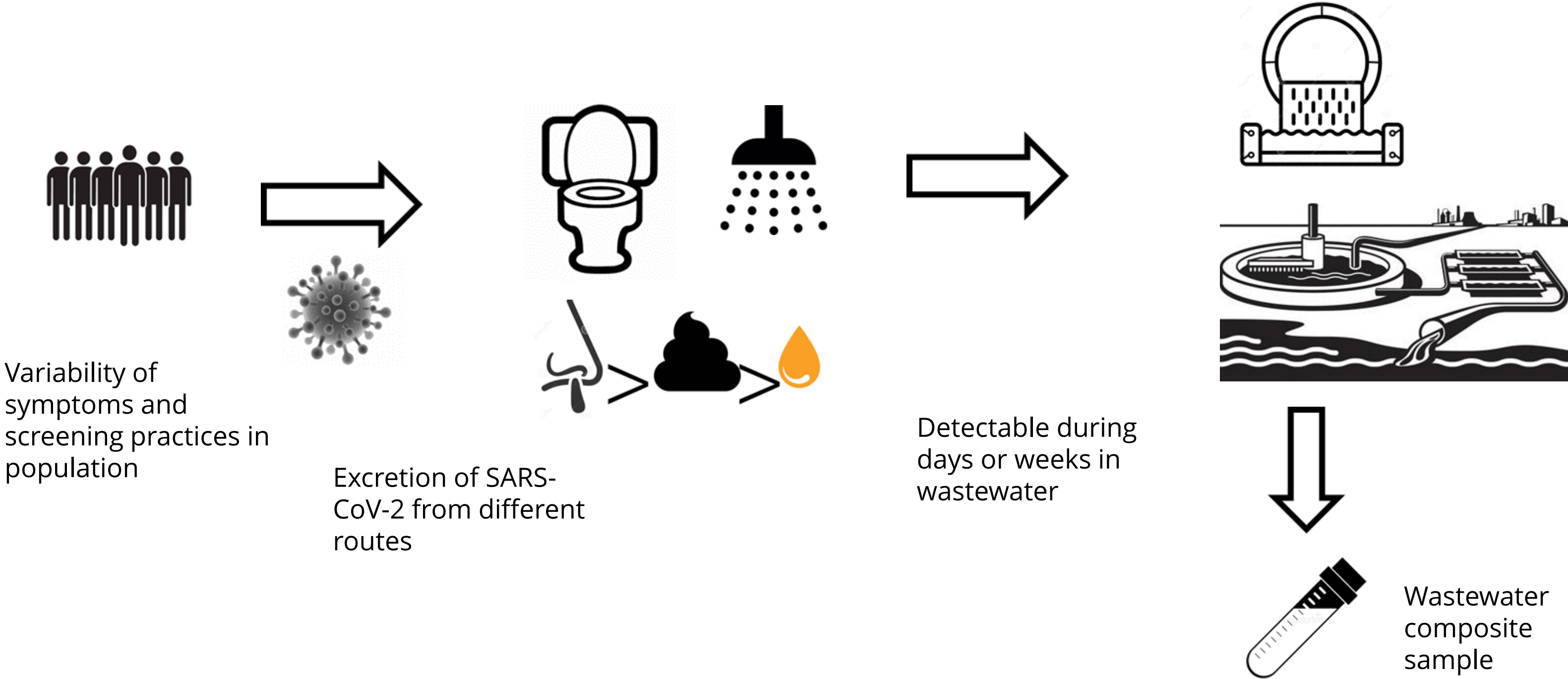
- Overview of Québec's wastewater surveillance (WWS) program
- Literature review: Feasibility and utility conditions of COVID-19 WWS
- Québec's WWS program evaluation
- Circulation and diversity through community wastewater sequencing in Québec



# Overview of WWS principle and of Québec's program



# Wastewater surveillance principle



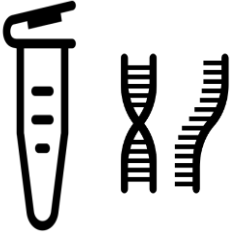
# Wastewater surveillance principle



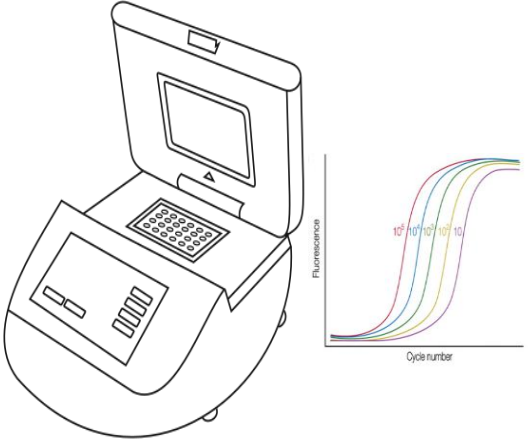
Sampling



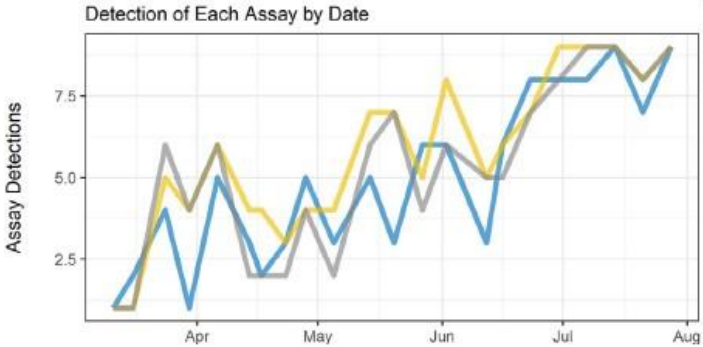
Concentration and extraction



Detection and quantification

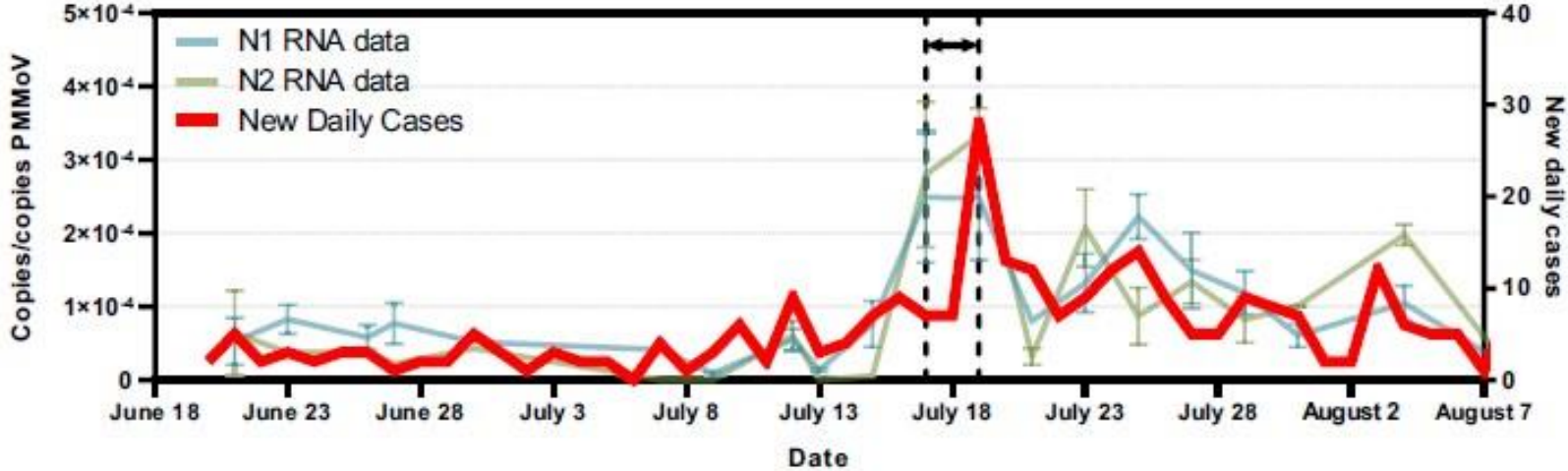


Quantitative interpretation



Graham *et al.* 2020

Quantitative relation with clinical data



D'aoust *et al.* 2021

Standardization

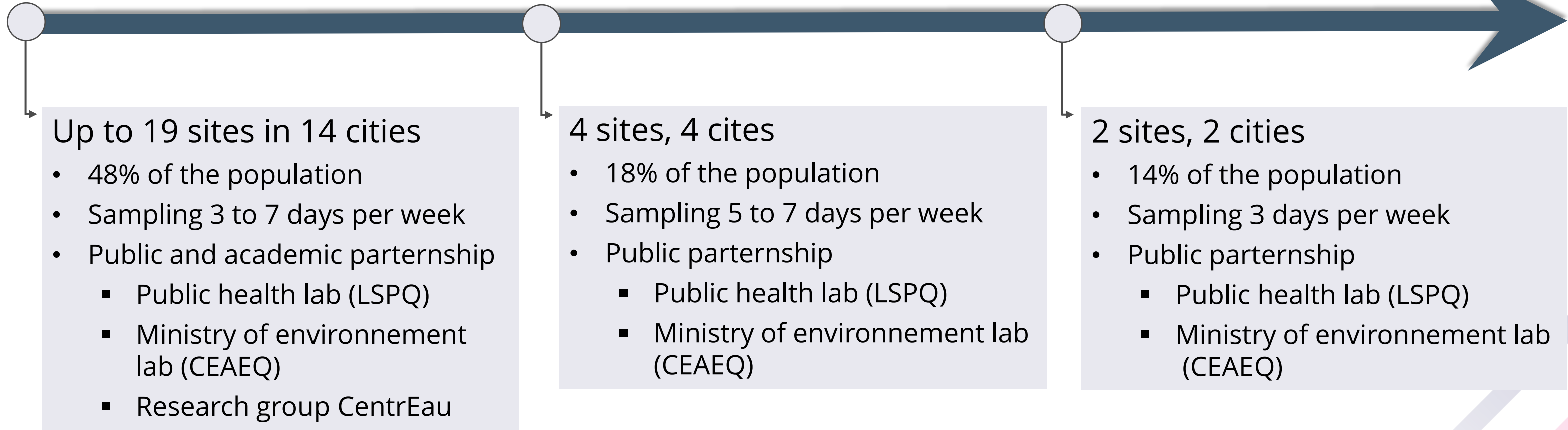
# Québec Surveillance Wastewater Program



**March 2022:  
Program Launch**

**March 2023**

**July 2023**





# Literature review: Feasibility and utility conditions of COVID WWS

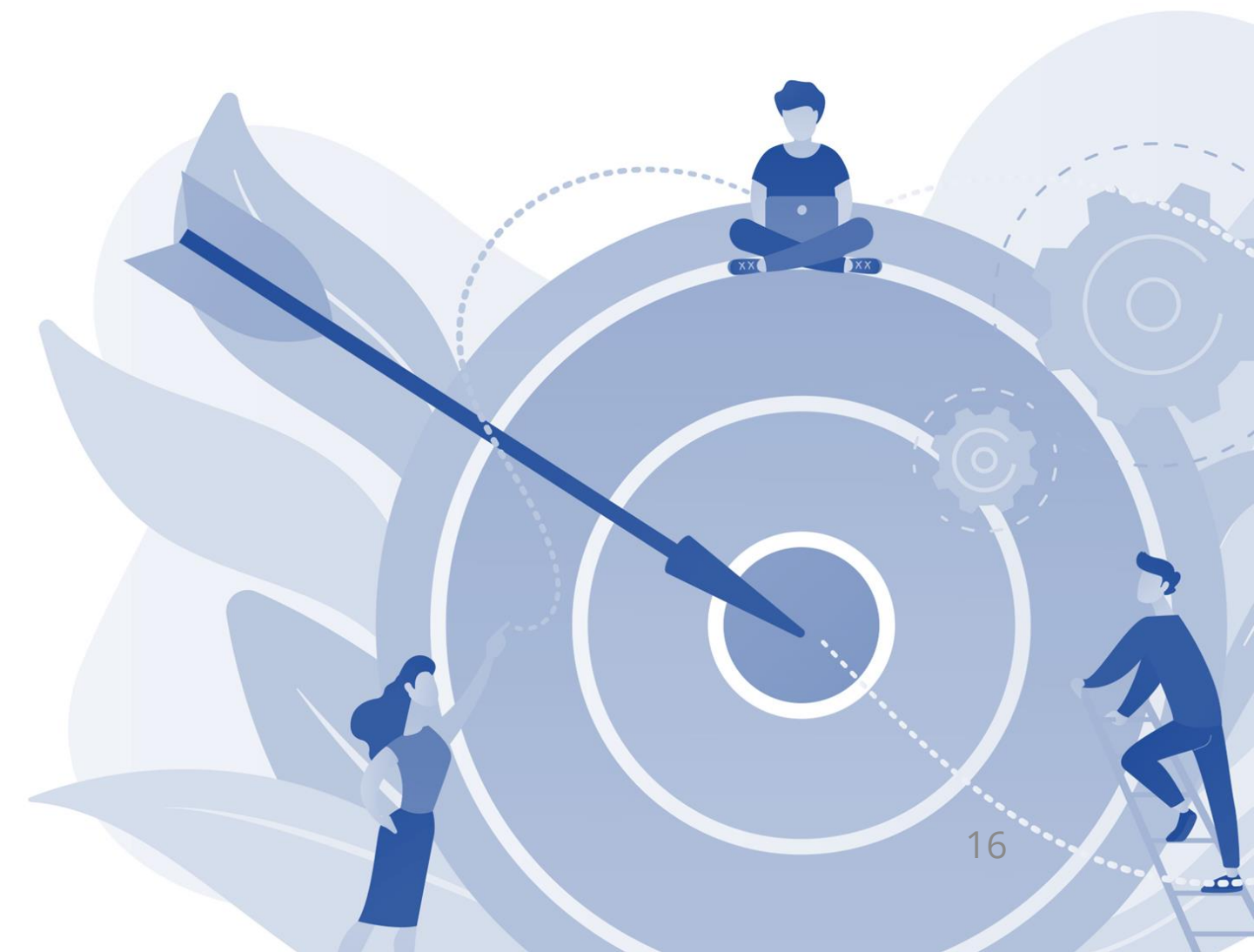
<https://www.inspq.qc.ca/publications/3194-faisabilite-utilite-surveillance-covid-19-monitorage-eaux-usees>



# Learning Objectives



- Learn about recent advances in the literature on:
  - Validity and utility conditions of WWS for COVID-19
  - Methodological preferences
  - Public health initiatives made possible by these data



# Literature Review Question and Objectives



## Question

- What is the usefulness and feasibility of wastewater surveillance (WWS) of SARS-CoV-2, from a public health perspective?

## Objectives

- Document the **validity and usefulness** of WWS of SARS-CoV-2
- Explore **methodological preferences (barriers and facilitators)**
- Inform about **actions** by public health authorities

# Methodology



## **Systematic literature review (without meta-analysis)**

- Databases: Embase, Environment Complete, Pubmed and Web of Science
- Terms: Wastewater (WW) AND SARS-CoV-2
- Grey literature to inform the discussion

## **Inclusion criteria**

- Wastewater treatment plants (WWTP) and Big cities (150 000 persons)
- Providing a quantitative link between WW and clinical data

## **Exclusion criteria**

- Modeling studies
- Lacking information on study methods
- Focusing only on laboratory aspects or variants

# Methodology



## Quality assessment (of 35 studies and 4 reviews)

- Grid of 11 questions and several criteria developed for the subject (Patey et al., 2021). Score of 1 is assigned to each question. E.g.:
  - Clarity and justification of research questions
  - Clarity of research design and its consistency with study objectives
  - Accuracy of the description of the wastewater sampling methodology
  - Reliability, adequate description and presentation of epidemiological data
  - Intelligibility of results and their consistency with objectives and conclusions
  - Added value of the study for public health decision-making
- Categorized into "High" (scores between 8 and 11), "medium" (from 4 to 7) and "low" (0 to 3) quality levels

# Methodology



## Level of support for findings

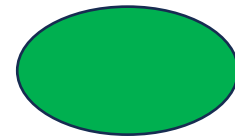
- Based on number and quality of studies for each finding
  - "High" support level (9) 
  - "Medium" support level (10) 
  - "Low" support level (1) 



# Results



## Findings with a high support

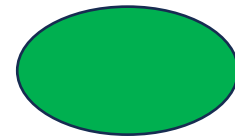


- Validity and usefulness of WWS
  - Indicator of COVID-19 **trends** in the population at various geographical scales
  - Potential use as an **early detection** tool for COVID-19 epidemiology
  - **Independent, complementary** and probably **cost-effective** approach to health surveillance based on clinical data

# Results



## Findings with a high support

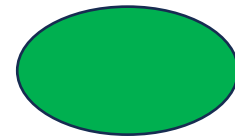


- Methodological preferences
  - **Standardization** using viral bioindicators **may not consistently enhance correlation** with epidemiological data
  - Priority must be given to internal quality assurance and quality control (**QA/QC**) processes in WW laboratory analyses
  - Impact of WW Matrix and physicochemical composition and of the size, length and type of sewer system on **SARS-CoV-2 concentrations in WW**
  - Trend towards **incidence** rather than prevalence data (clinical data) for comparison
  - Weekly moving averages or similar methods to **smooth incidence data** reduces variability and improves correlations

# Results



## Findings with a high support

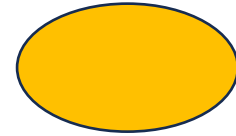


- Public health actions
  - **Not well established, nor is the threshold** at which they can be deployed

# Results



## Findings with a medium support

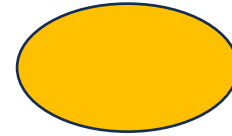


- Methodological preferences
  - Preferable to include **high sampling frequency**, adjusted according to the epidemiological situation and public health surveillance objectives
  - **24-hour composite** WW effluent samples are representative
  - **Standardization using wastewater flow** reduces variability
  - **Variations and uncertainties** associated with the **viral excretion properties** of SARS-CoV-2 in feces lead to variability in data
  - **Collection, transport and laboratory analysis** can all influence SARS-CoV-2 concentrations in wastewater

# Results



## Findings with a medium support

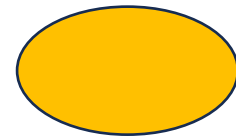


- Methodological preferences
  - Challenge to compare epidemiological data with WW data due to **variable** strategies, practices and diagnostic capacities for SARS-CoV-2 by **PCR/rapid screening over time and space**
  - Results of comparisons may vary according to the **dates and locations covered by the epidemiological data**
  - Strength of the quantitative association varies, reflecting the inherent **uncertainty of the data** and the use of **simplistic statistical approaches**
  - **Aggregation of data** for a set of treatment plants and cities can help to obtain stronger correlations, under certain conditions

# Results



## Findings with a medium support



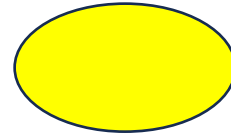
- Public health actions
  - Useful for **confirming temporal and spatial trends** observed in the population and **assessing the effectiveness of preventive measures**



# Results



## Findings with a low support



- Methodological preferences
  - Correlations appear to be **specific to the WWTP**

# Perspectives



## Improvements are necessary on:

- Influence of environmental factors
- Variability of fecal excretion
- Harmonization of laboratory methods
- Reduction of operational delays
- Statistical methods to analyse the association with clinical data
- Public health action thresholds
- Collaboration between public health and environmental engineering
- Methods for variants of COVID-19 and other pathogens

# Québec's WWS program evaluation

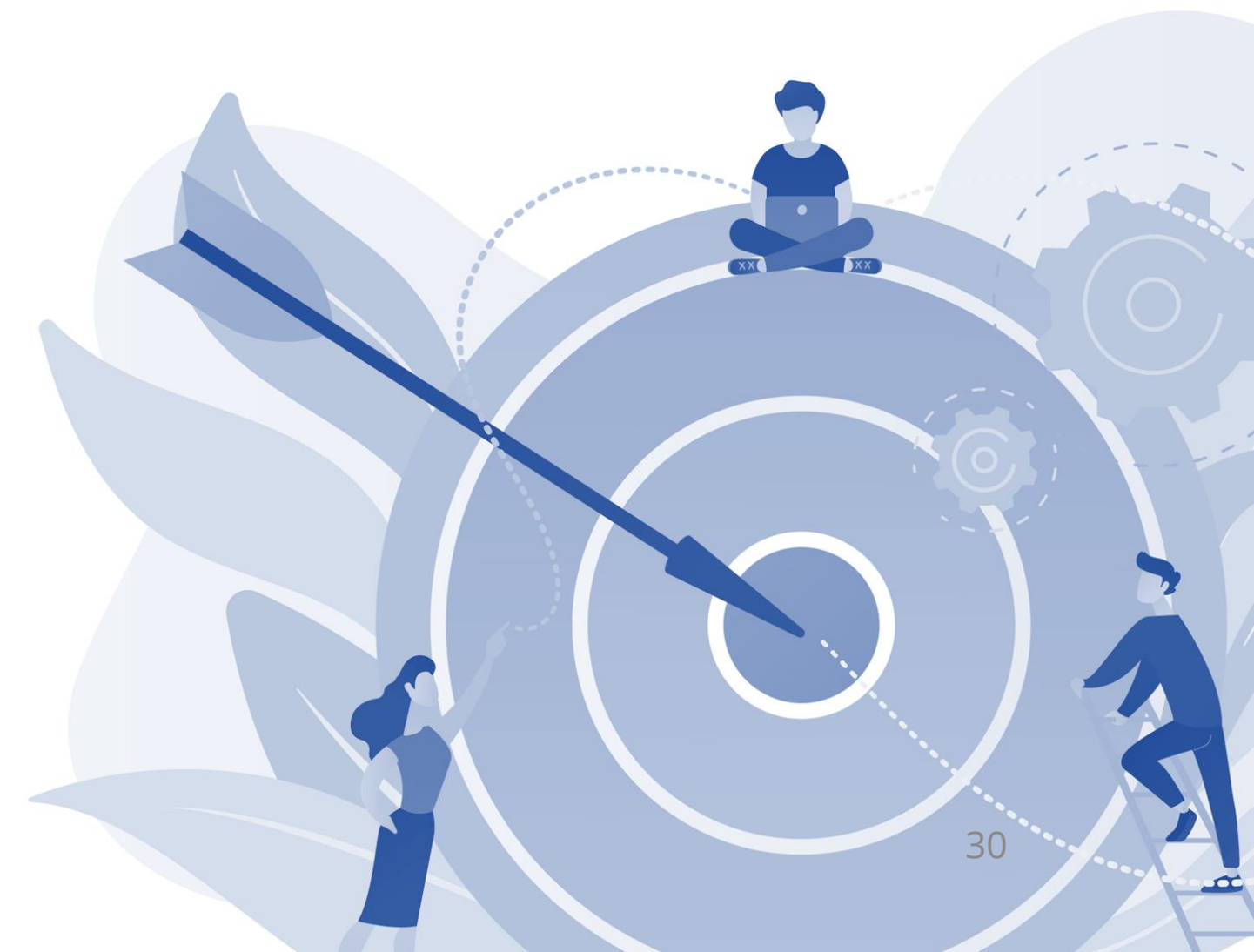


# Learning Objectives



Gain insight into:

- The capacity of the SARS-CoV-2 surveillance program in wastewater to characterize virus transmission
  - Validity
  - Representativity
  - Exhaustivity
  - Timeliness
- The implementation of the SARS-CoV-2 surveillance program in wastewater from the user's perspective

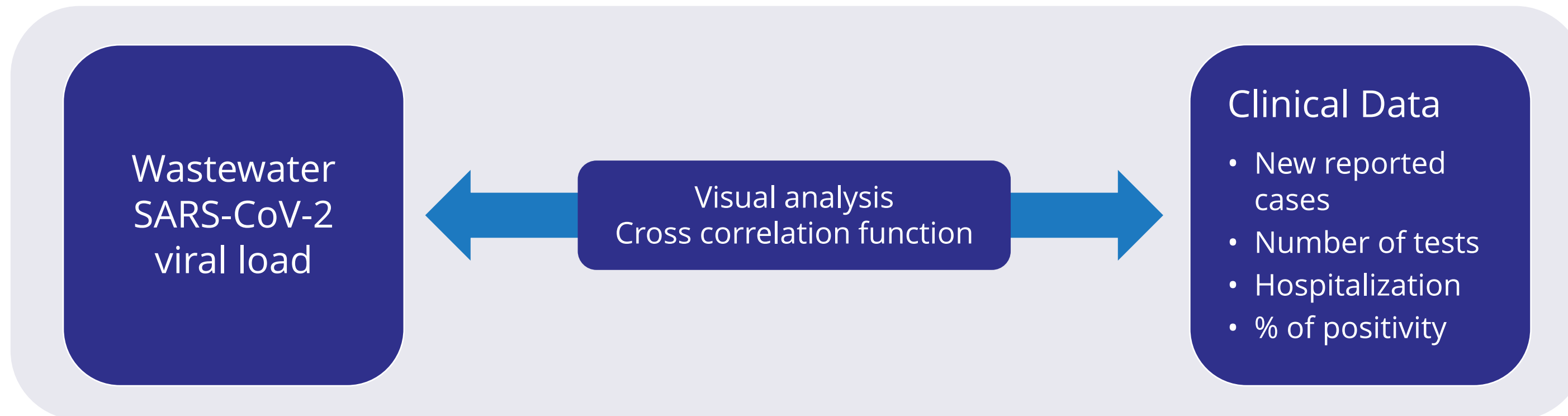


# Validity – Method

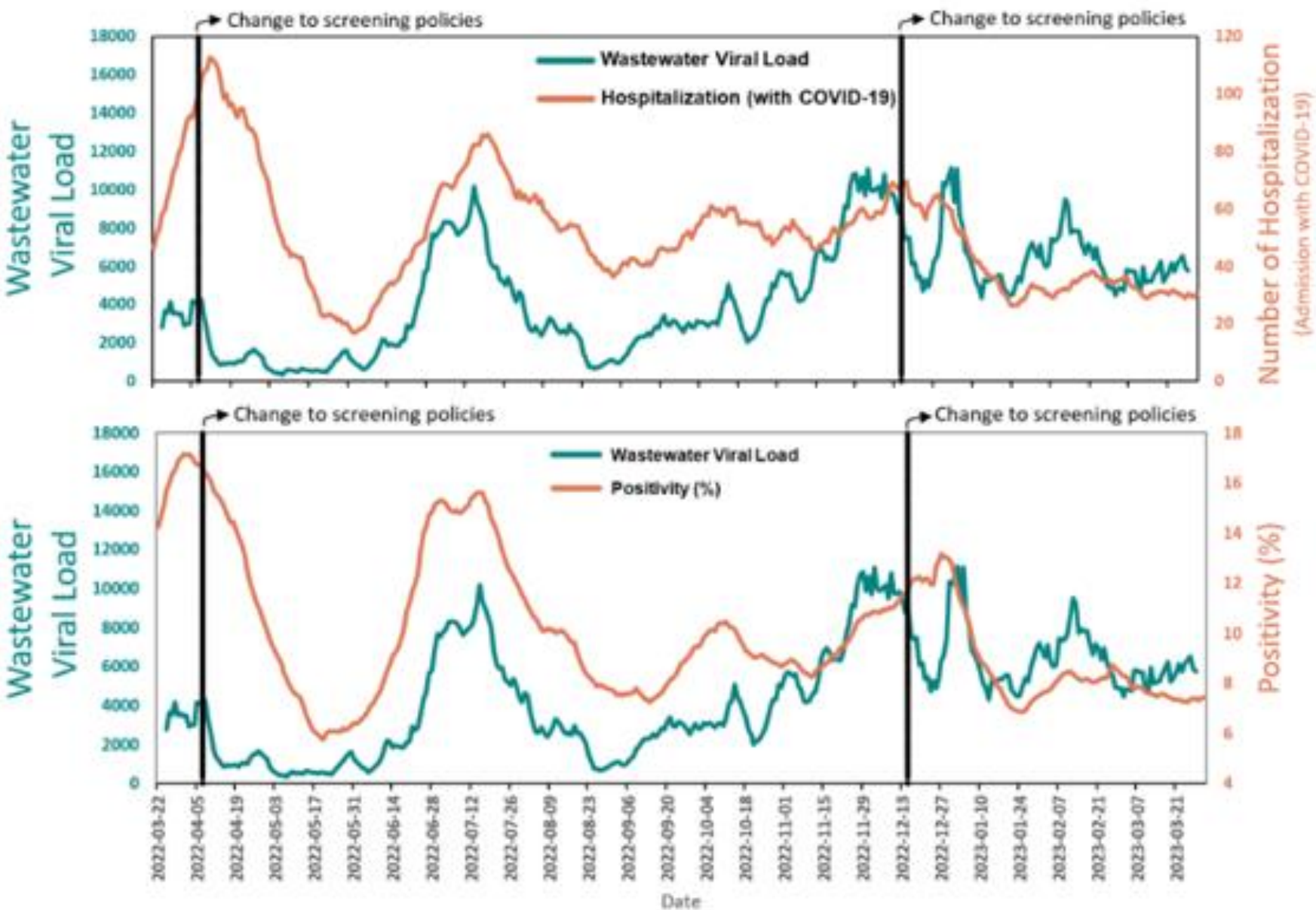
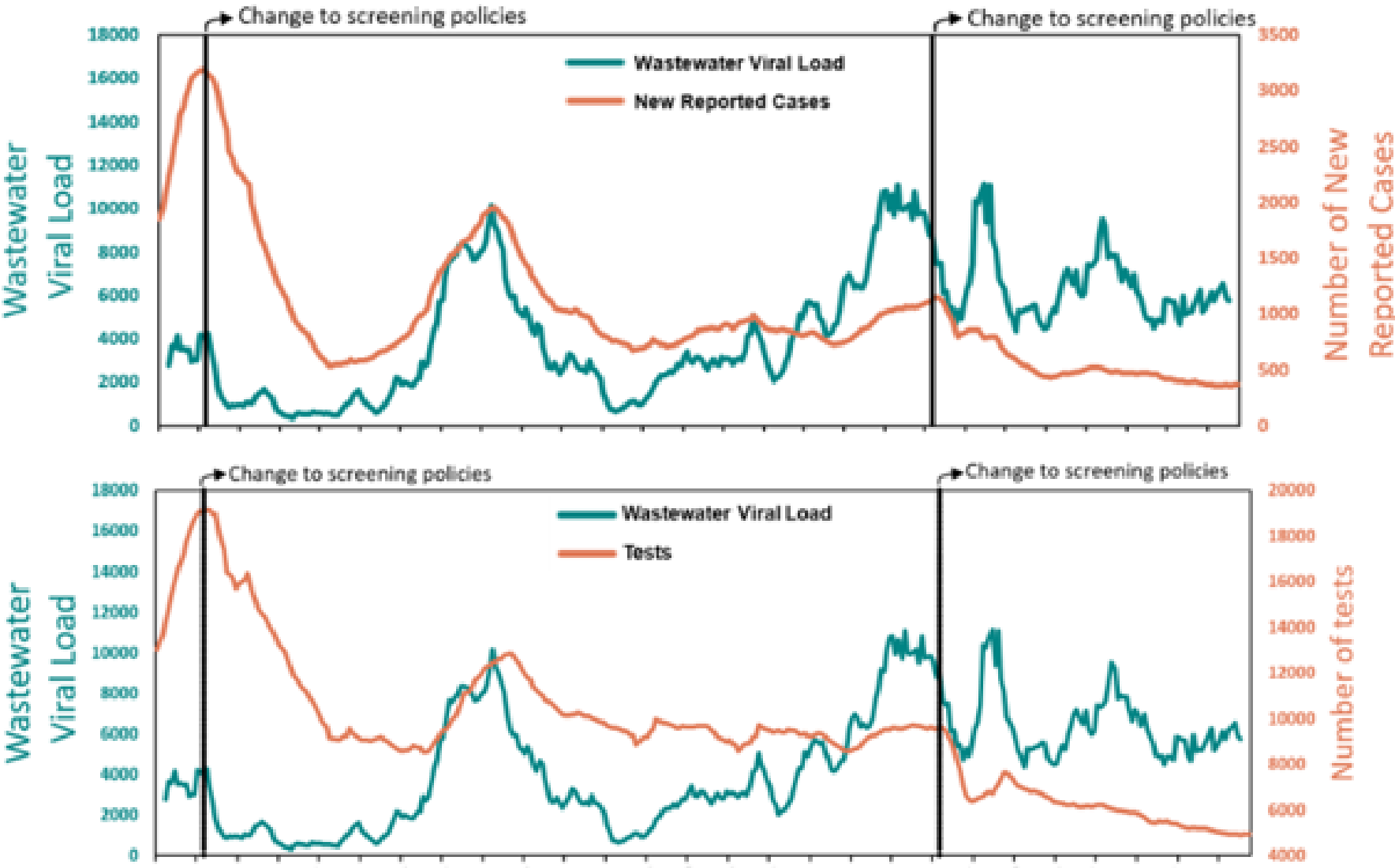


Does the signal of SARS-CoV-2 in wastewater allow for:

- 1) Epidemiological surveillance in real-time?
- 2) Early detection?

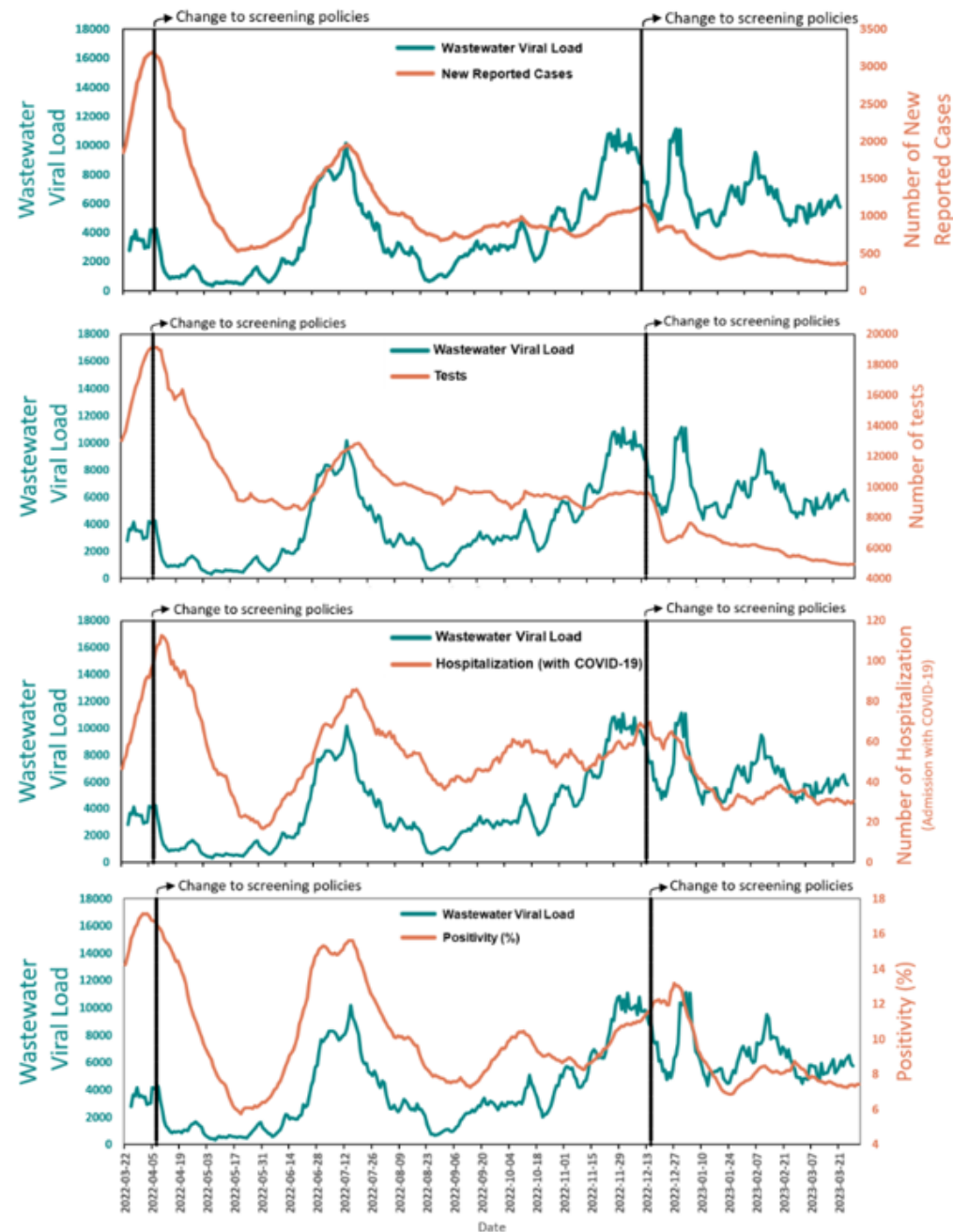


# Validity – Visual analysis results





# Validity – Visual analysis results



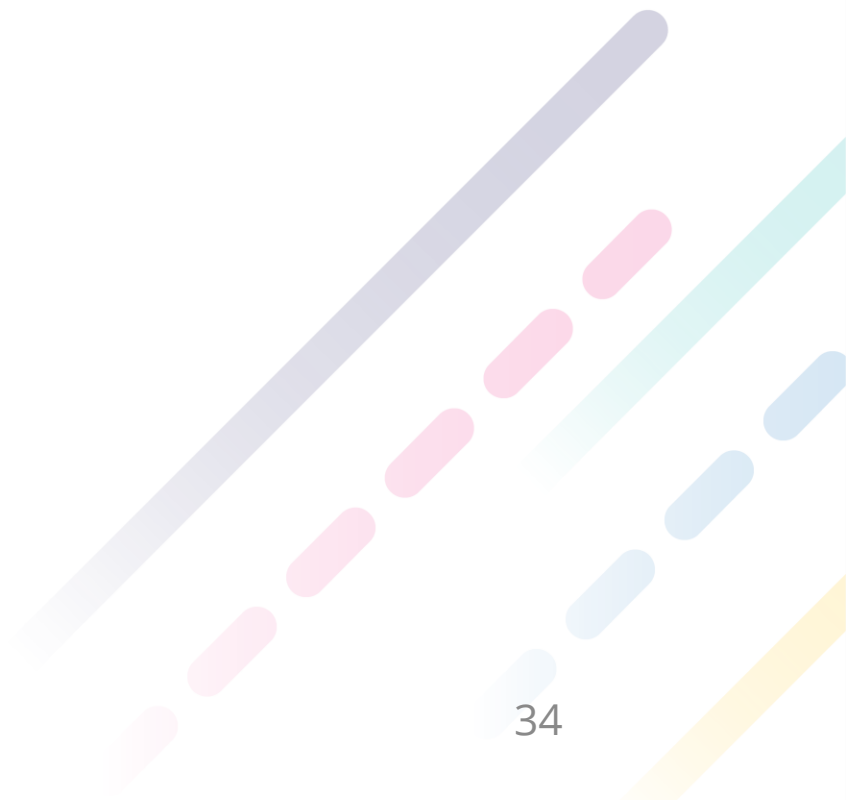
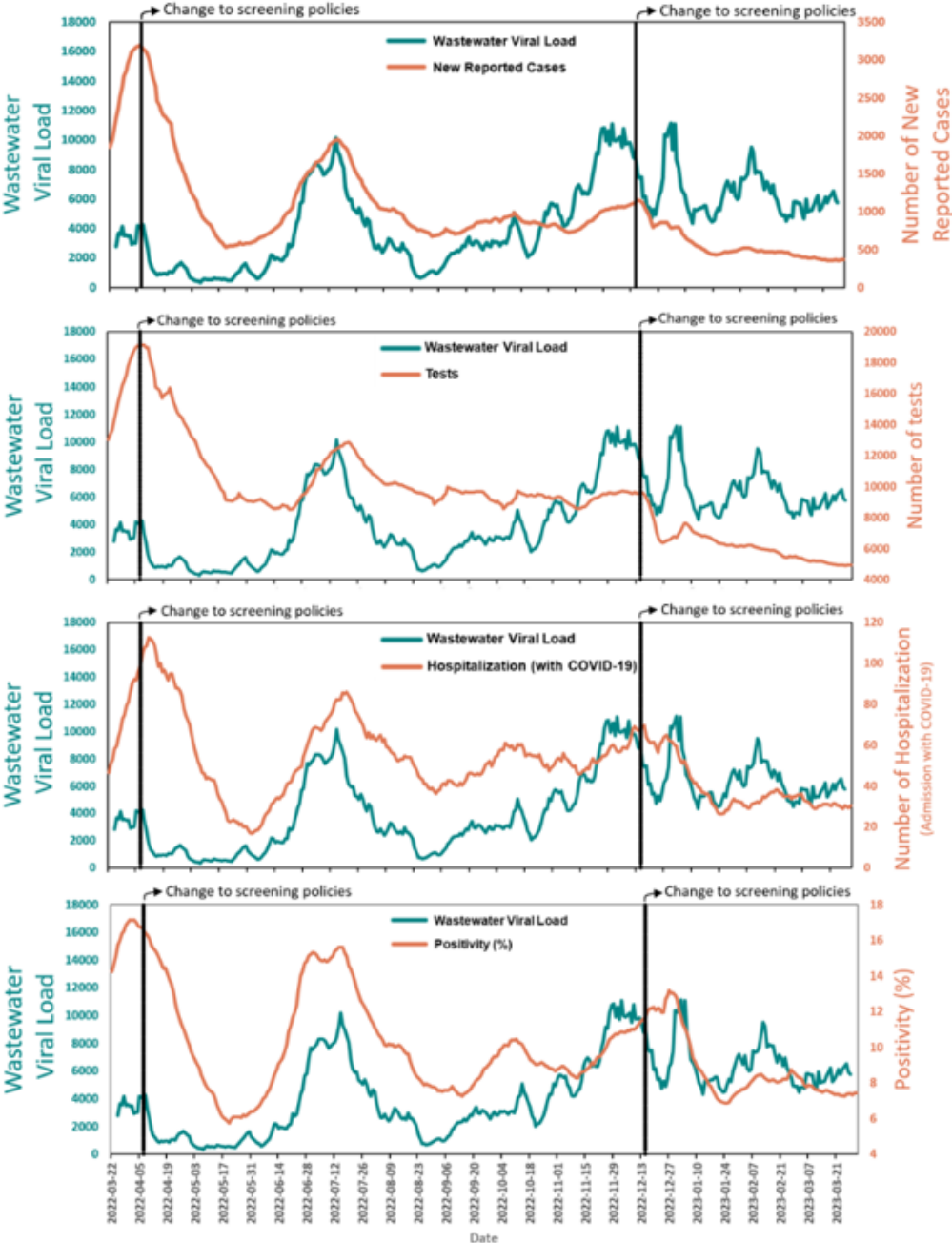
## Epidemiological surveillance

- Variable synchronization depending on the period and clinical indicator
- Appears to be better before October 2022
- Persists more for positivity rate and hospitalizations

## Early detection

- No systematic advancement, variable delay depending on the epidemiological phase and period

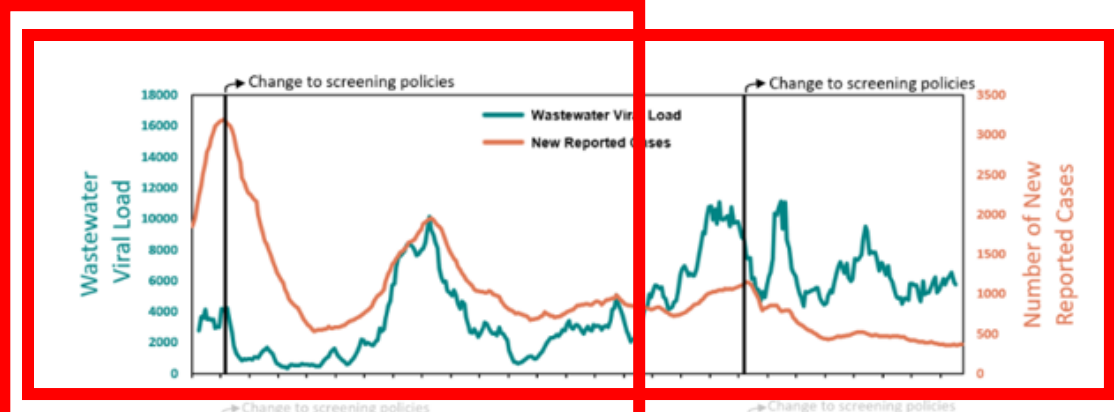
# Validity – Cross correlation function results



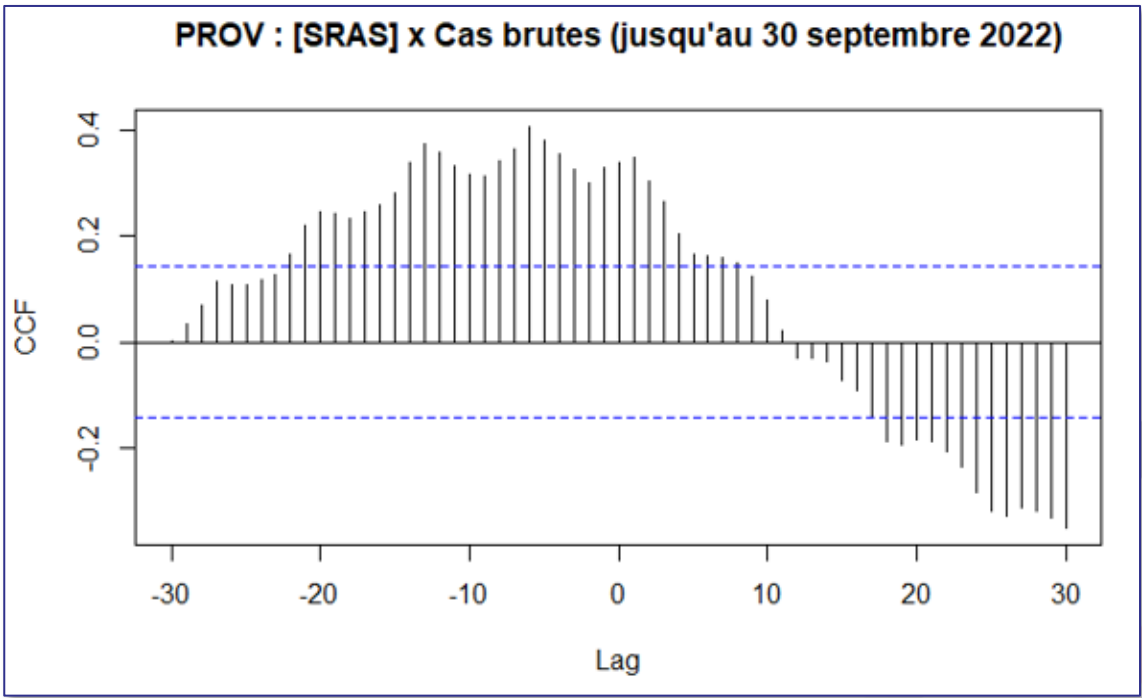
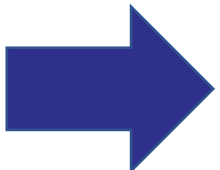
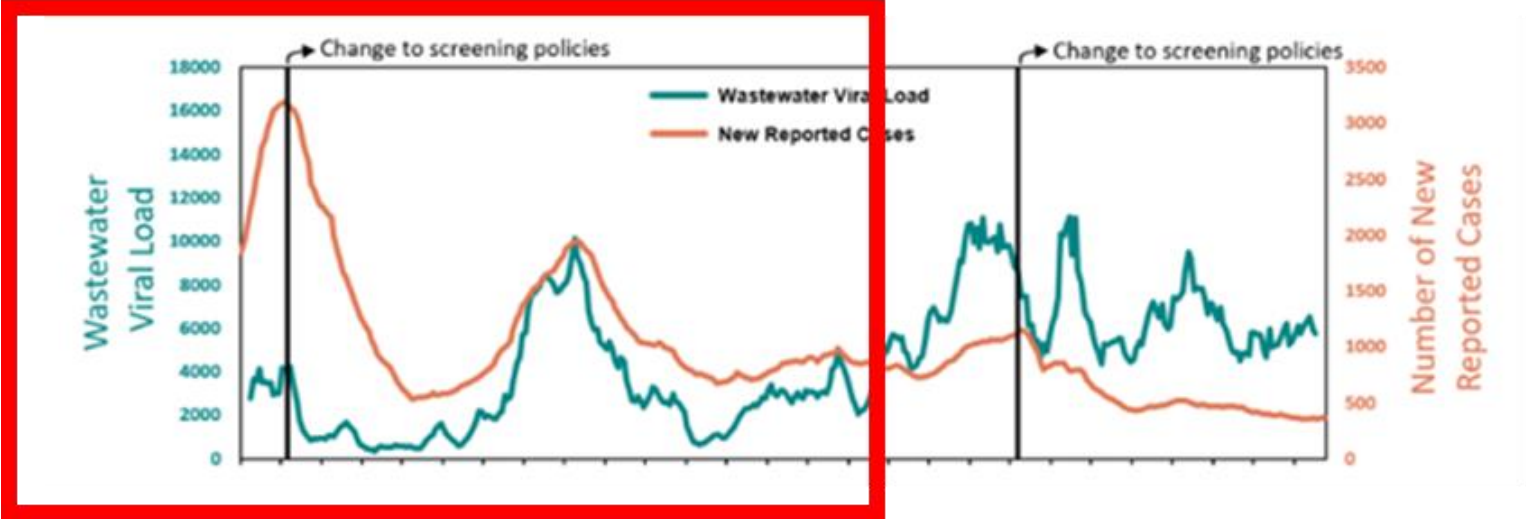
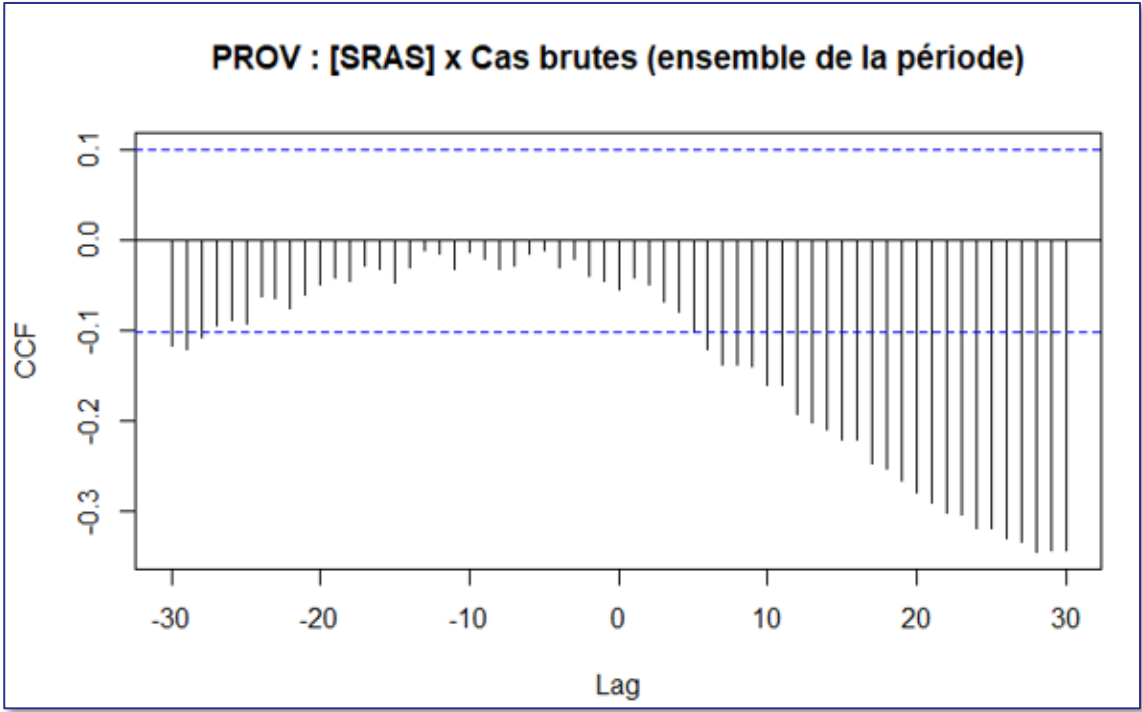
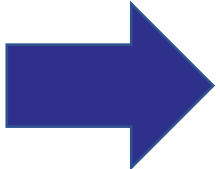
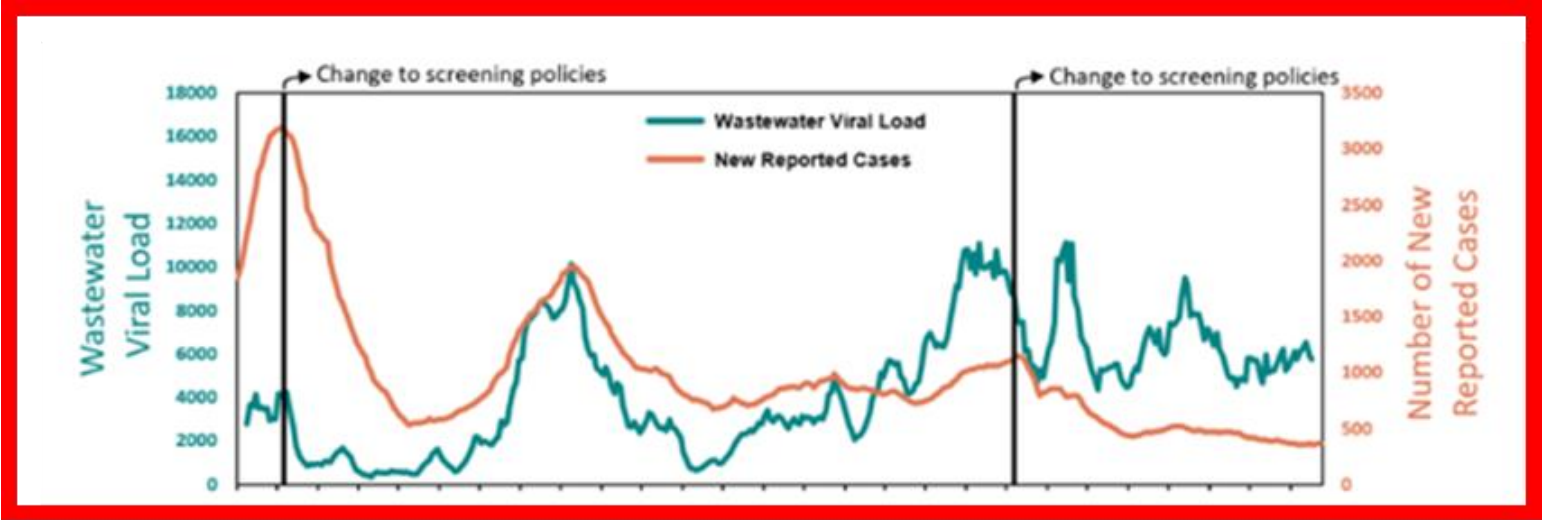
# Validity – Cross correlation function results



# Validity – Cross correlation function results

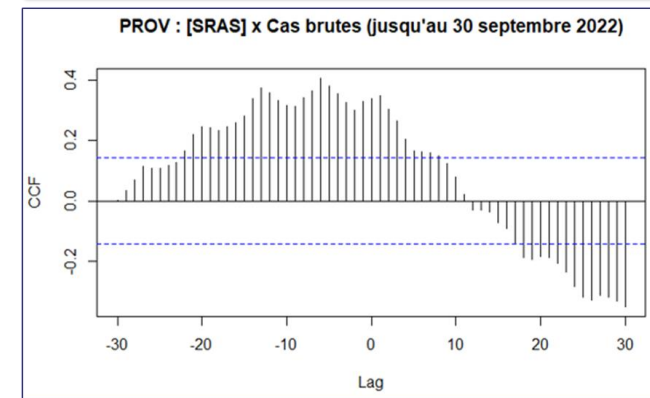
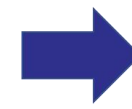
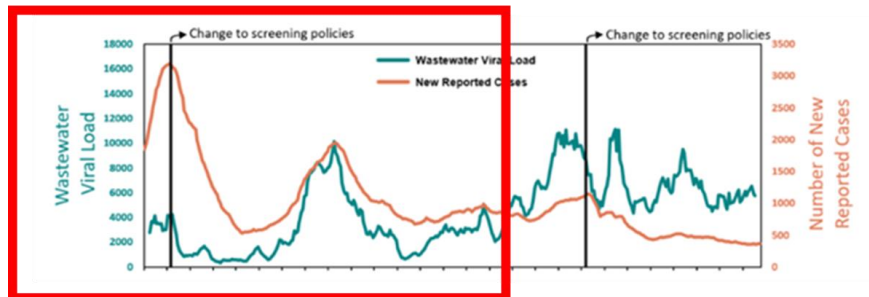
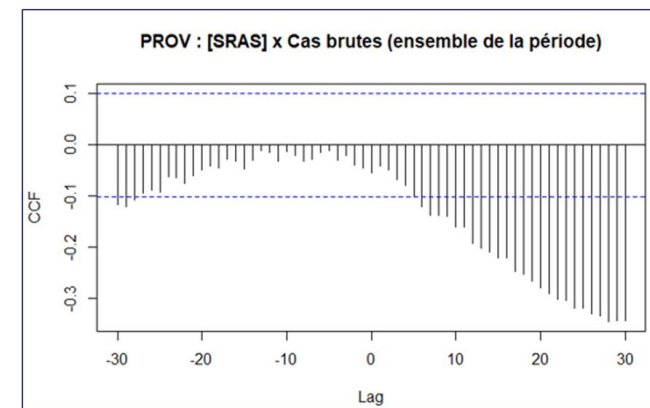
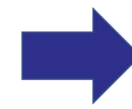
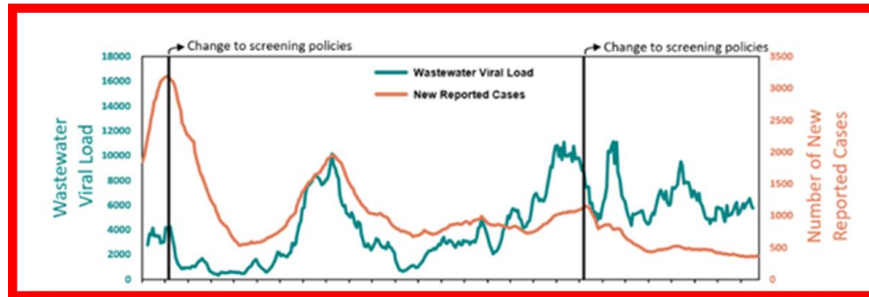


# Validity – Cross correlation function results





# Validity – Cross correlation function results



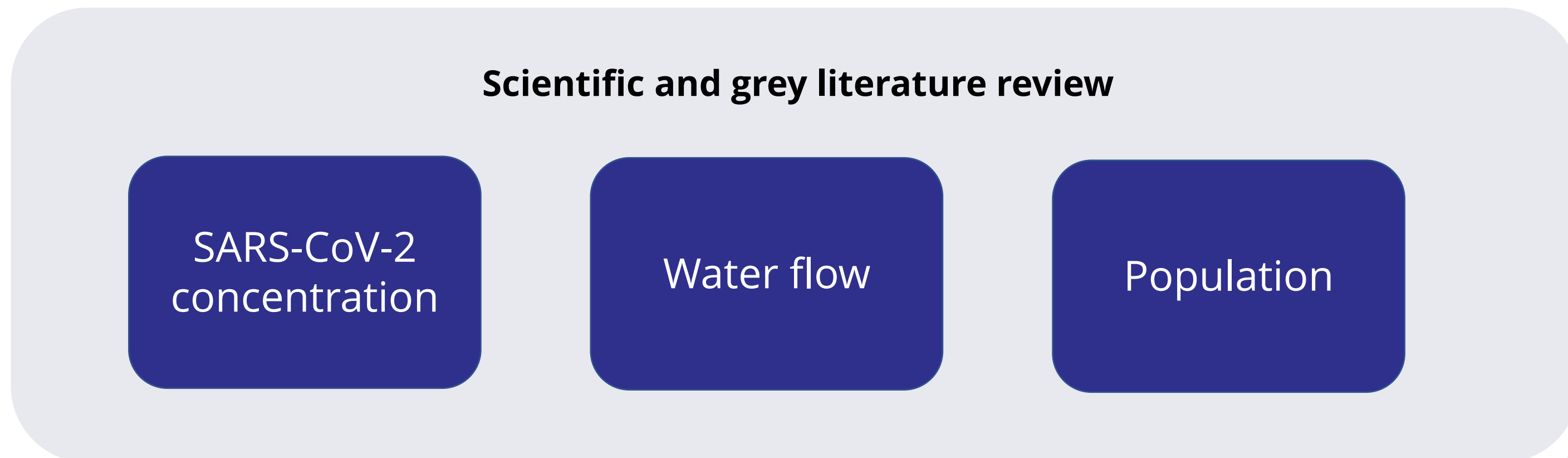
## Changing relationship depending on the period

- Whole period: clinical cases outpace viral loads, inverse correlation
- Before October 2022: viral loads outpace clinical cases, positive correlation

# Representativity – Method



**What is the SARS-CoV-2 wastewater signal composed of?  
How does it impact the interpretation of the signal?**





# Representativity – Results



## **SARS-CoV-2 concentration**

- Virus excretion in wastewater
- Virus survival
- Sampling method
- Analytical method

## **Waterflow**

- Measurement
- Sewage type

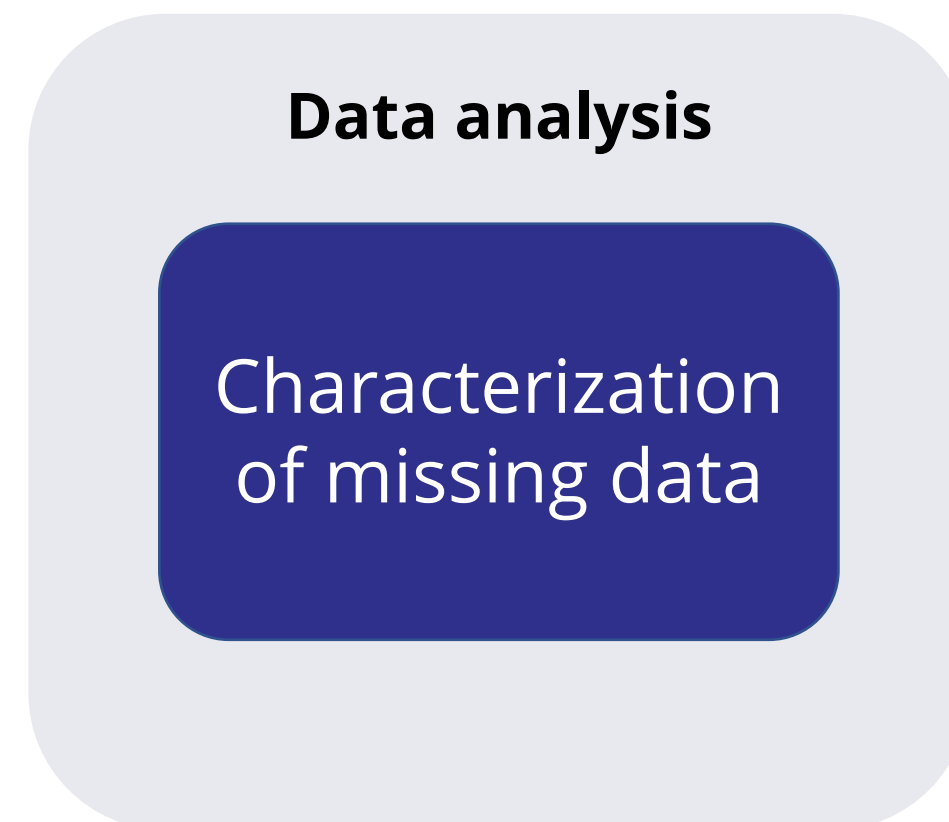
## **Population**

- Estimation of size
- Mobility

# Exhaustivity – Method



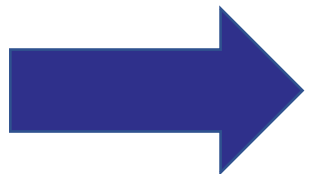
**How complete is the data set?**



# Exhaustivity – Results



Sampling frequency	Average % of missing data		Longest streak without data (days)	
	Total	Per type		
7 days	4	Planned	0	5
		Accidental	4	
5 days	34	Planned	29	12
		Accidental	6	
3 days	60	Planned	57	16
		Accidental	3	



**Data imputation is more complex and therefore, daily indicator may be irrelevant**

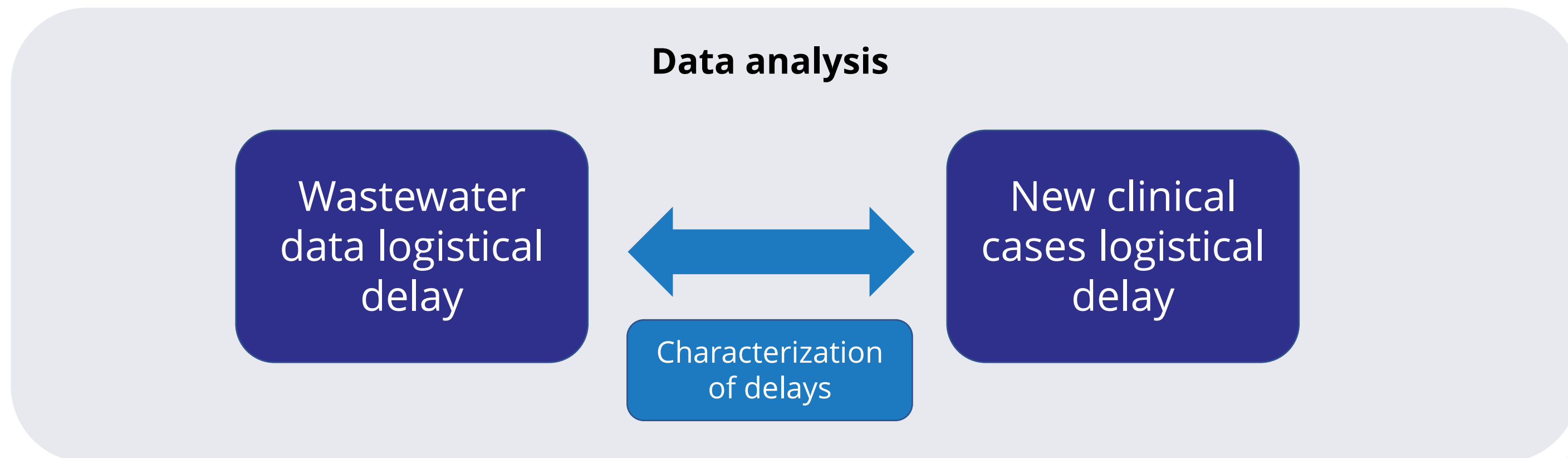
### Causes of accidental missing data

- Lack of sampling
- Sample delivery issues
- Lab quality control failure
- Missing daily flow values

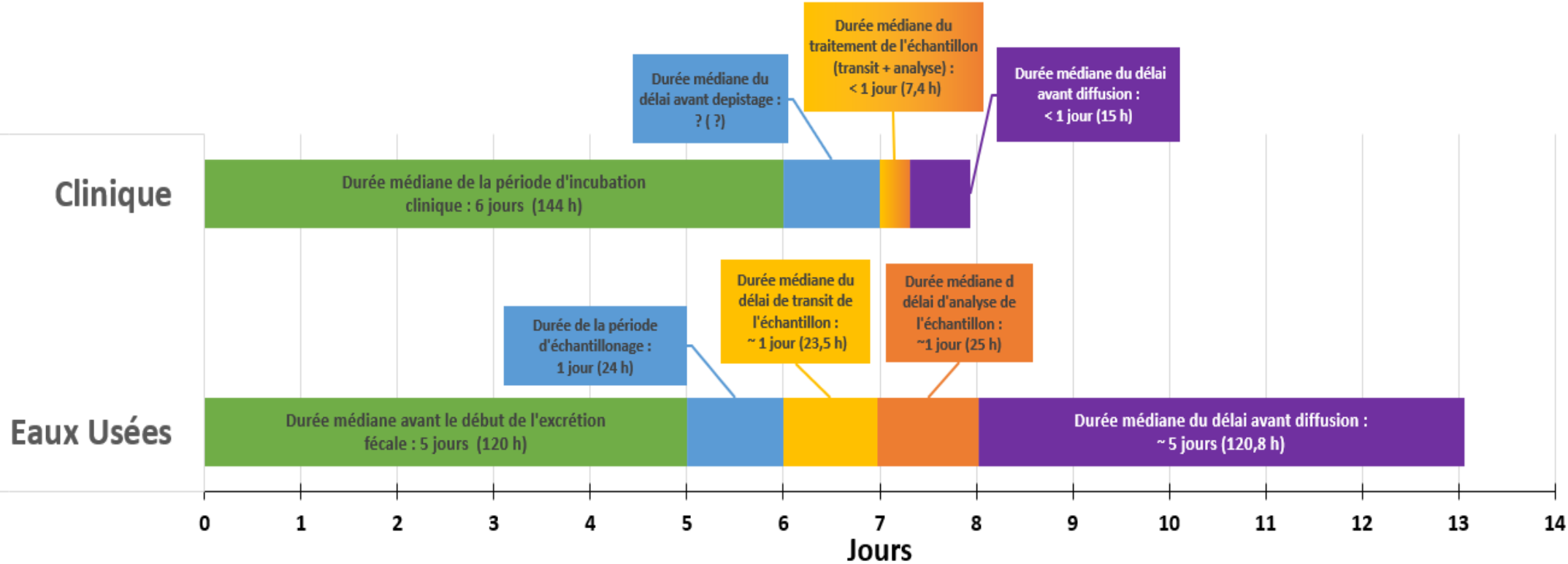
# Timeliness – Method



How wastewater logistics delays compare to clinical data?



# Timeliness – Result



**Clinical data (new cases) = 8 days**

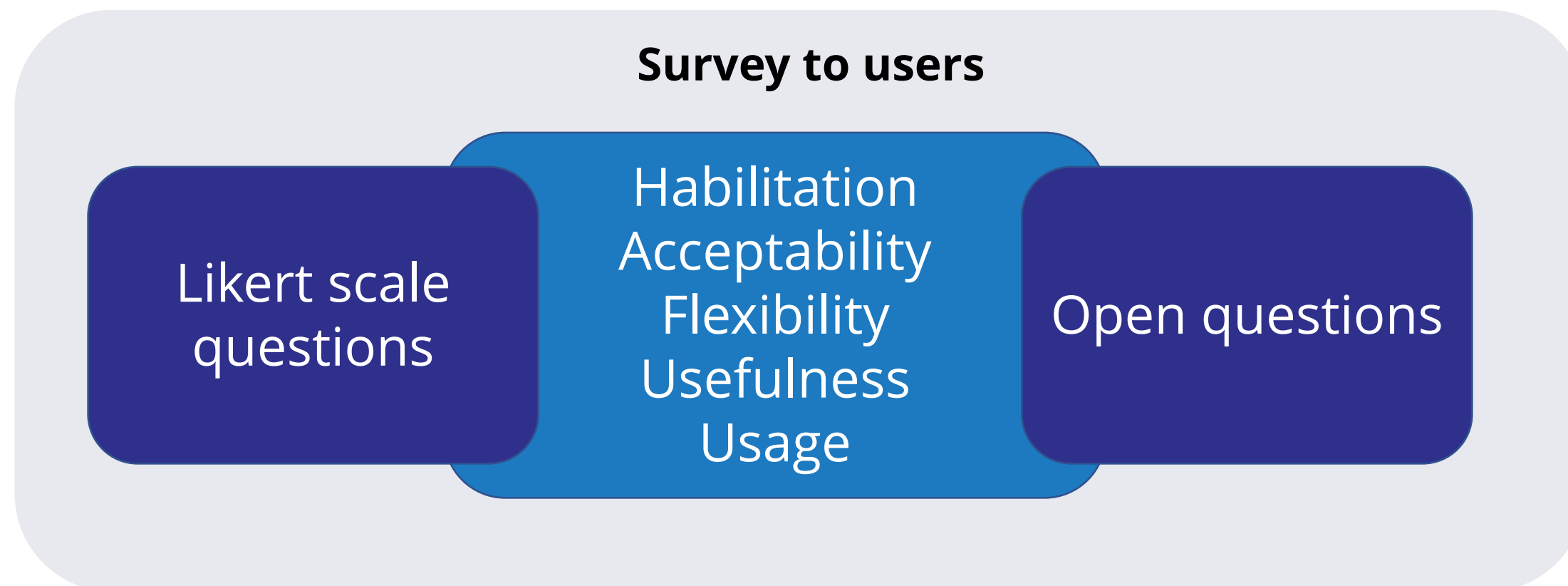
**Wastewater = 13 days**

- Data dissemination is the longest step

# Appropriation – Method



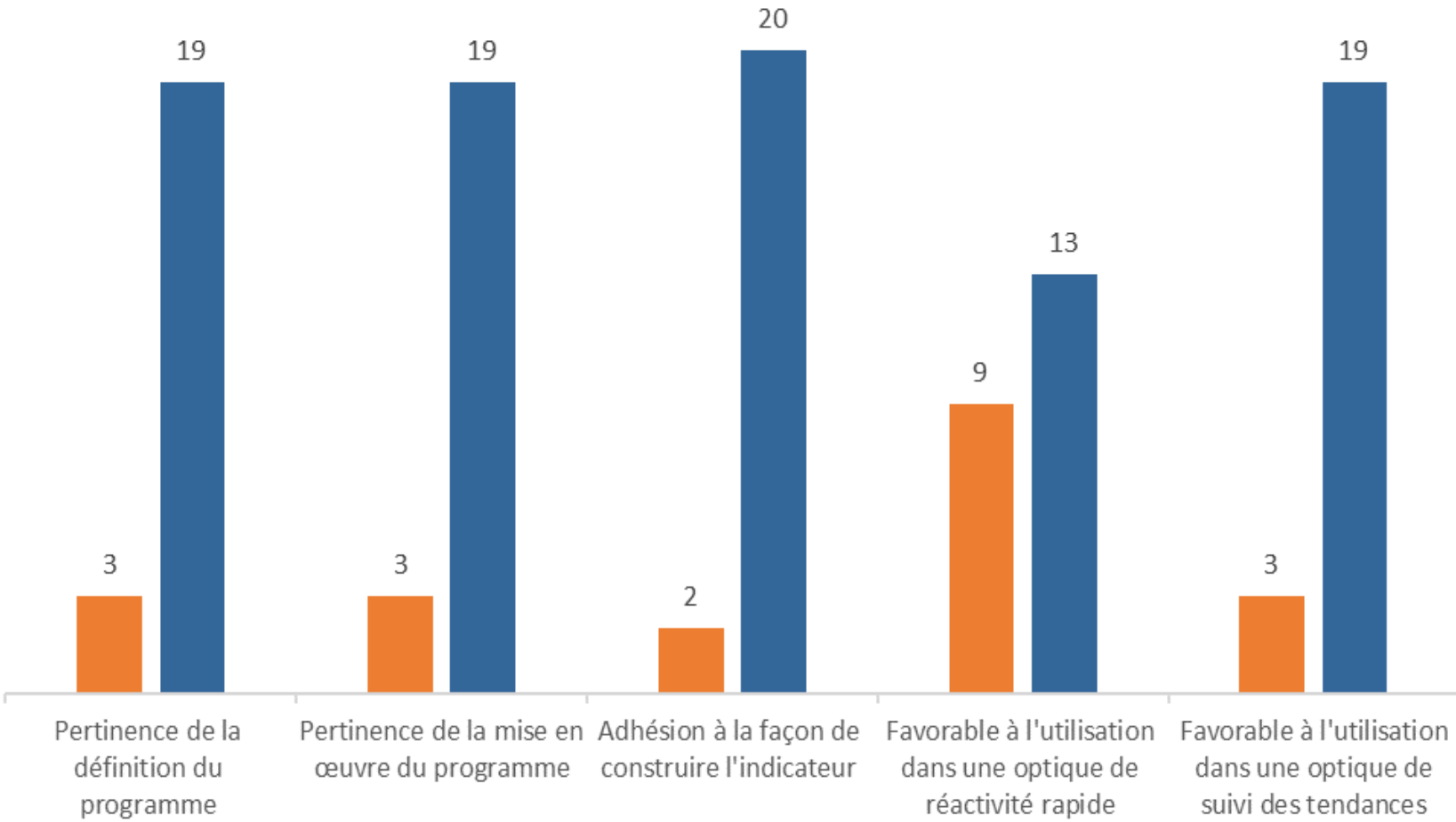
**How has been perceived the implementation of the Québec WWS program from the perspective of user ownership?**



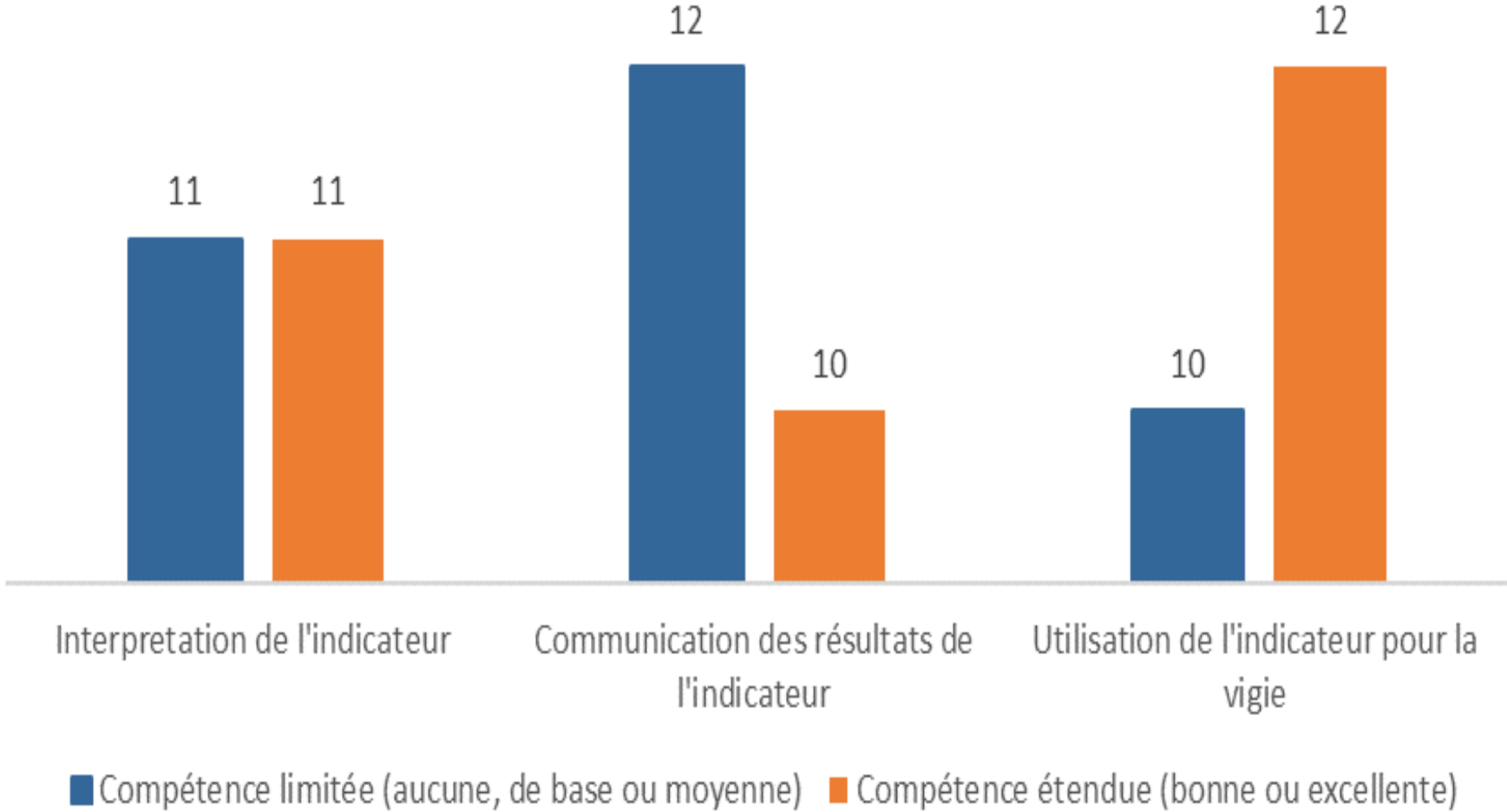
# Appropriation – Result



**Overall high acceptability**  
 Except for rapid responsiveness



**Mixed responses in regard to habilitation**  
 Better support to users needed





# Perspectives



- **Diminish data dissemination delay**
- **Prioritize sampling 7 days per week for daily indicator**
- **Develop knowledge transfer tools**
- **Implement mechanisms for ongoing feedback with users**
- **Prioritize the different pathogens of interest according to the epidemiological situation and plan the implementation of their monitoring in wastewater**

**Monitoring SARS-CoV-2  
circulation and diversity through  
community wastewater  
sequencing in Québec**



# Detection of SARS-CoV-2 variants in wastewater



**Monitor the presence of SARS-CoV-2 in the population and anticipate future outbreaks by:**

- Information on viral load in the population
- Evaluation of the effectiveness of control strategies
- Identification of variant diversity

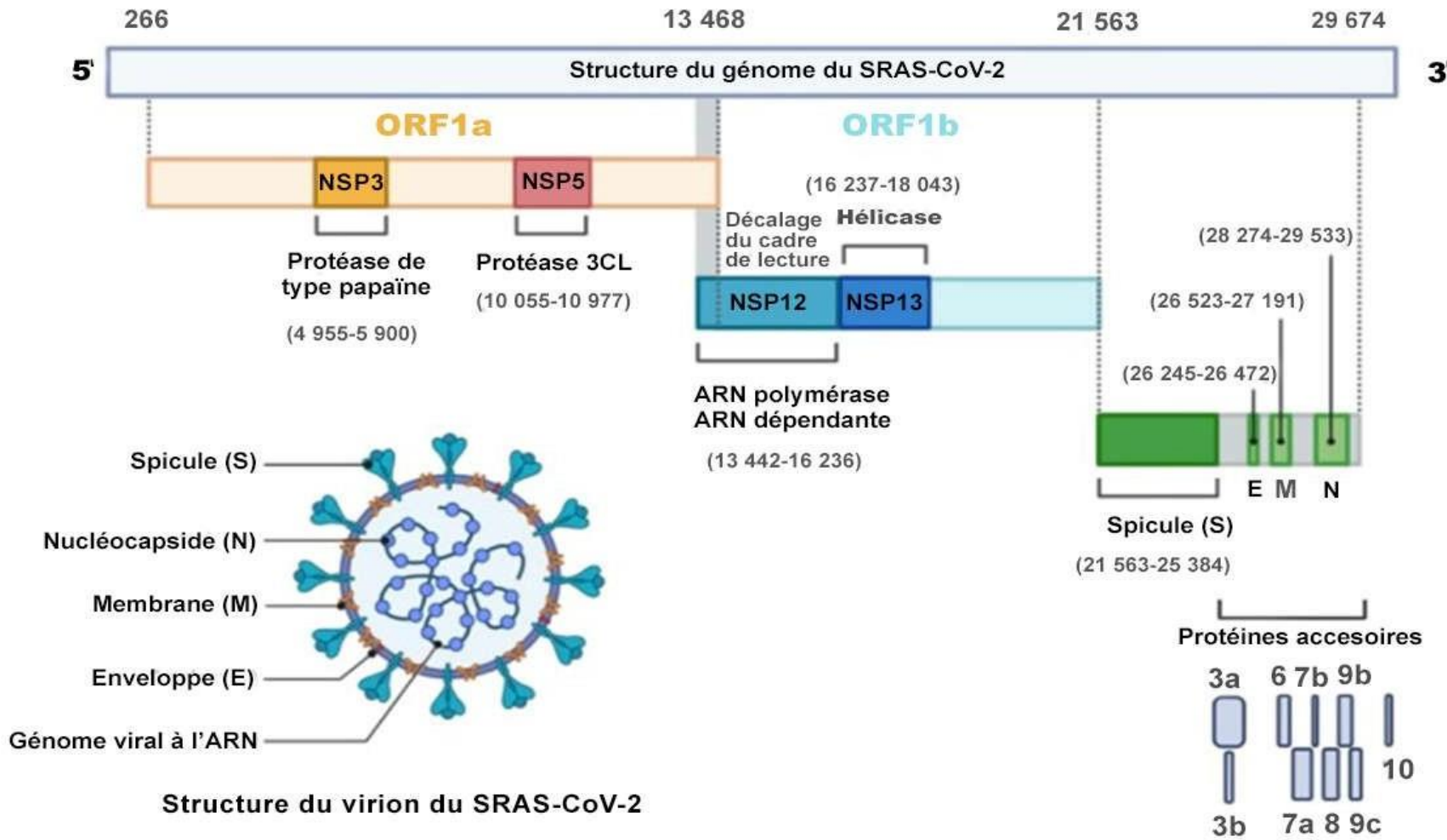
**Track the epidemiological trends of SARS-CoV-2 and its variants to support public health interventions**



# SARS-CoV-2 Variant Classifications



- Viruses like SARS-CoV-2 continuously evolve as changes in the genetic code (caused by genetic mutations or viral recombination) occur during replication of the genome.
- SARS-CoV-2 has consistently mutated over the course of the pandemic, resulting in variants that are different from the original SARS-CoV-2 virus.



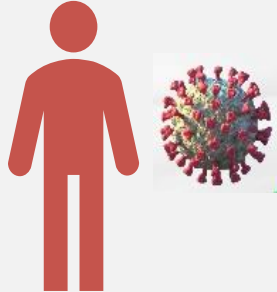
*Pathogens* 2020, 9(5), 331; <https://doi.org/10.3390/pathogens9050331>

# Monitoring SARS-CoV-2 variants circulation in Québec



**Ongoing surveillance:**

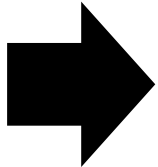
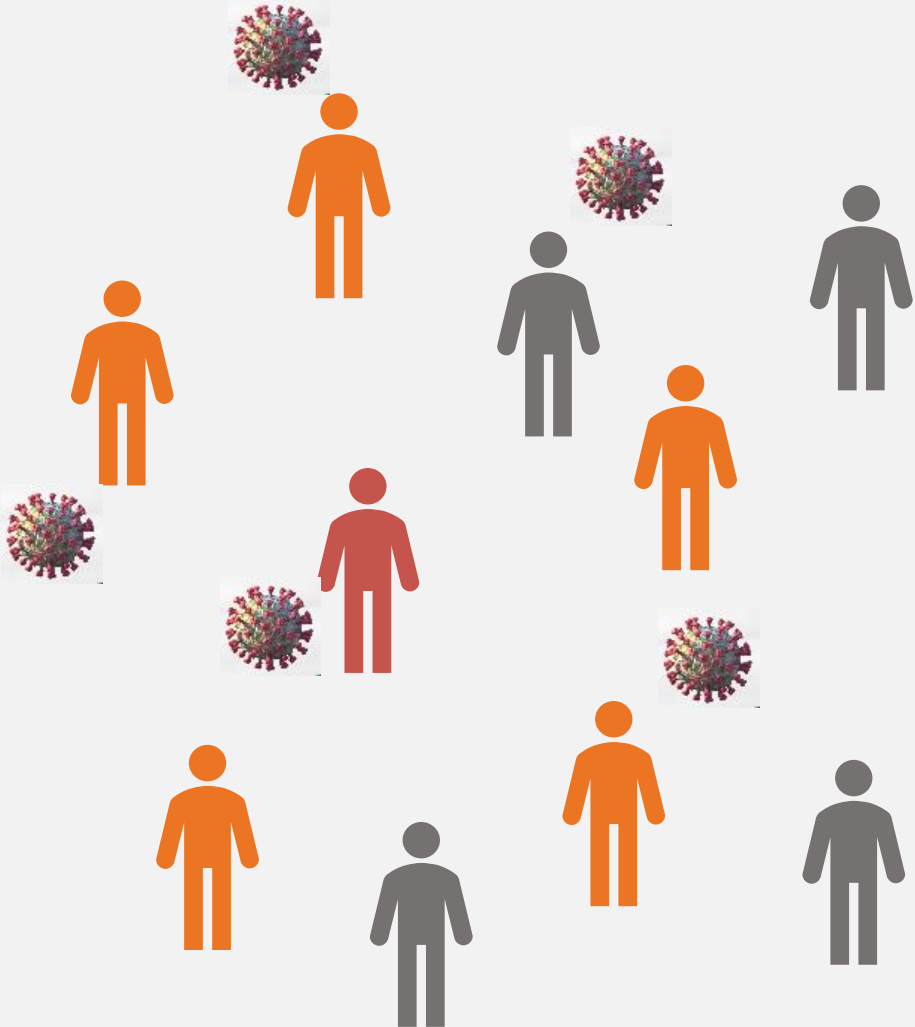
Representative sequencing of clinical samples



**Limitations:**

- Underestimate cases number
- Variant detection dependent on screening strategy

**Community-scale screening:**



## Surveillance of SARS-CoV-2 in wastewater

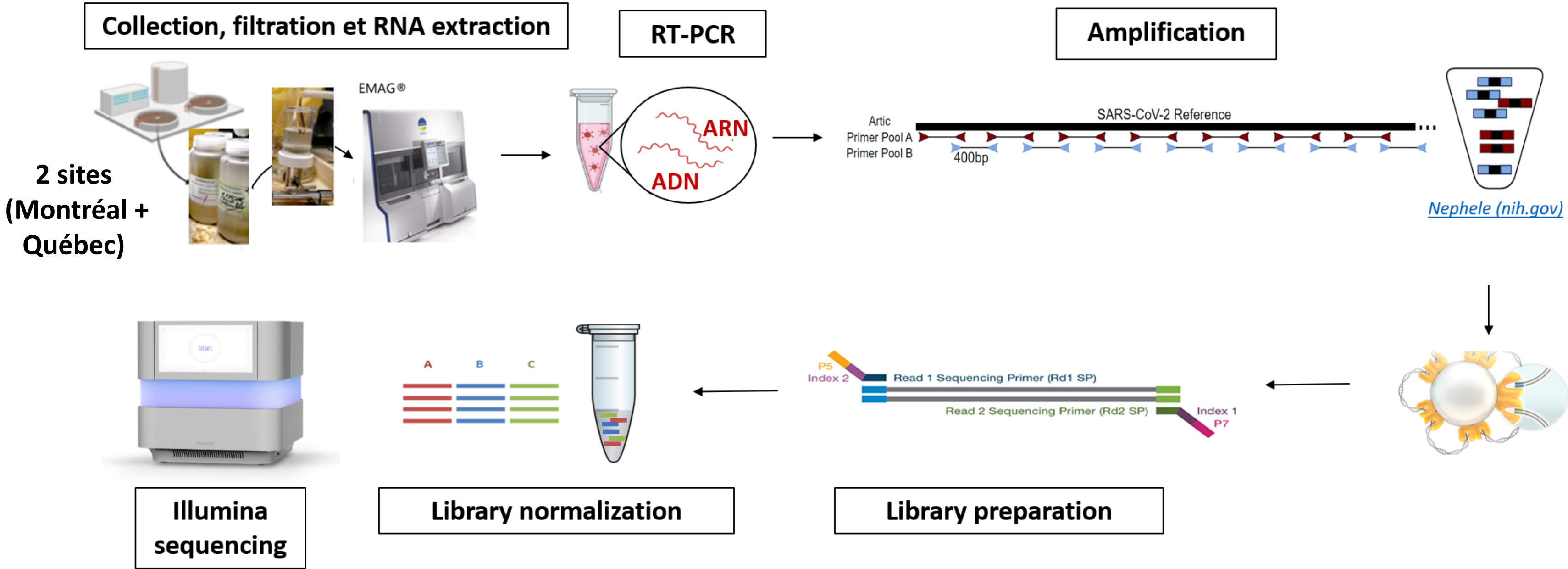




# Methodology



## RT-PCR and Amplicon sequencing:



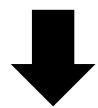
# Methodology



## Bioinformatics analyses:

Fastq file

```
@SEQ_ID
GATTTGGGGTTCAAAGCAGTATCGATC
AAATAGTAAATCCATTTGTTCAACTCA
CAGTTT
+
!*(((((***+))%%%+))%%%)1***+"))**
55CCF>>>>>>>CCCCCCC65
```



Quality filtering

Fastqc  
Fastp  
iVar

Variant calling  
and lineage  
identification

Freyja

Host reads  
removing

BWA

Mapping to SARS-CoV-2  
reference genome

BWA

Lineages frequency table

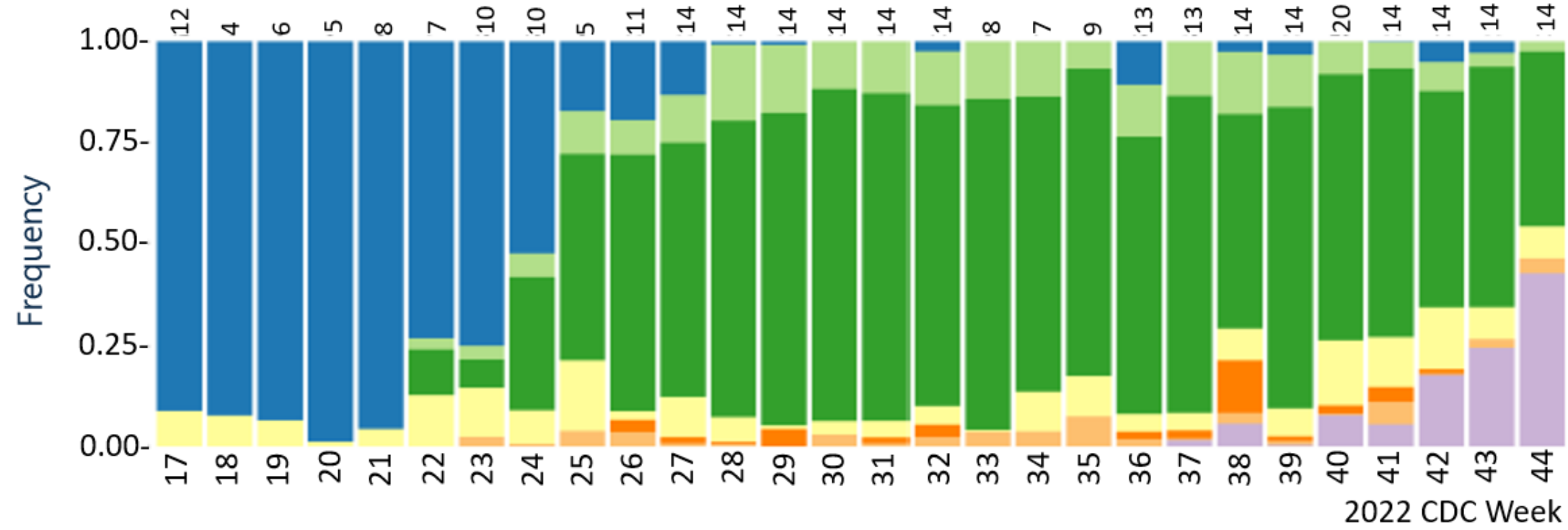
Sample	Lineages	Abundances	Unit	Coverage	Adj_Coverage	City	Station	Date	Quality_flag	Sample_flag
01_cpFP24h	BA.2.65	32,44	%	35,7	47,8719279	Gatineau	GTN	2022-05-25	PASS	PASS
01_cpFP24h	BF.10	33,12	%	35,7	26,3019414	Gatineau	GTN	2022-05-25	PASS	PASS
01_cpFP24h	XBB.1.5	25,26	%	35,7	51,9110061	Gatineau	GTN	2022-05-25	PASS	PASS
01_cpTP24h	BG.3	12,68	%	37	41,7075393	Sherbrooke	SHB	2022-05-19	PASS	PASS
01_cpTP24h	BG	5,11	%	37	37,4688765	Sherbrooke	SHB	2022-05-19	PASS	PASS
01_cpTP24h	XAJ	23,48	%	37	36,4328058	Sherbrooke	SHB	2022-05-19	PASS	PASS
02_cpFP24h	BA.5.1.7	54,29	%	37	22,6163202	Sherbrooke	SHB	2022-05-19	PASS	PASS
02_cpFP24h	BA.2.3.7	44,57	%	60,3	27,2740241	Gatineau	QC	2022-08-04	PASS	PASS
02_cpFP24h	G.1	12,34	%	60,3	4,4378178	Gatineau	QC	2022-08-04	PASS	PASS
02_cpFP24h	XAZ	22,21	%	60,3	21,7318971	Gatineau	QC	2022-08-04	PASS	PASS
02_cpFP24h	BA.5.10	22,08	%	60,3	23,7158823	Gatineau	QC	2022-08-04	PASS	PASS
02_cpFP24h	BA.4.8	71,3	%	55,8	21,8765739	Montreal	MTL	2022-09-06	PASS	PASS
02_cpFP24h	BA.4.8	19,61	%	55,8	55,335802	Montreal	MTL	2022-09-06	PASS	PASS
05_cpTP24h	BG	11,04	%	55,8	44,6657914	Montreal	MTL	2022-09-06	PASS	PASS



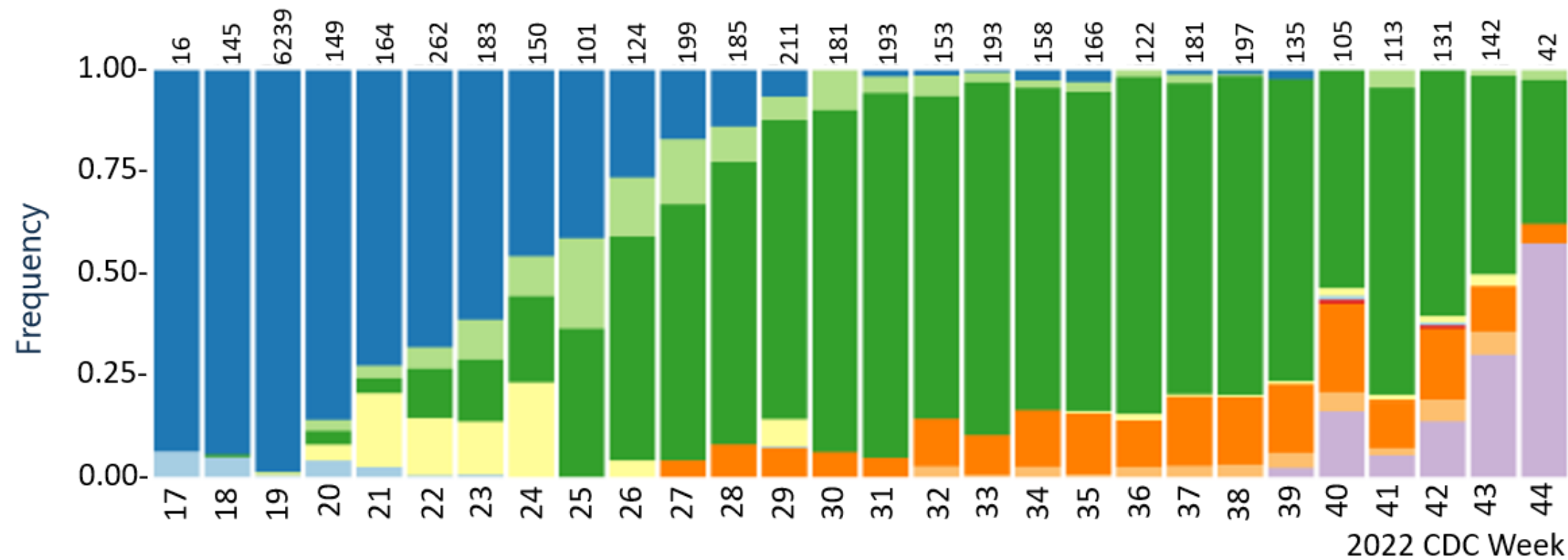
# Results: Wastewater vs clinical



**Wastewater**



**Clinical**



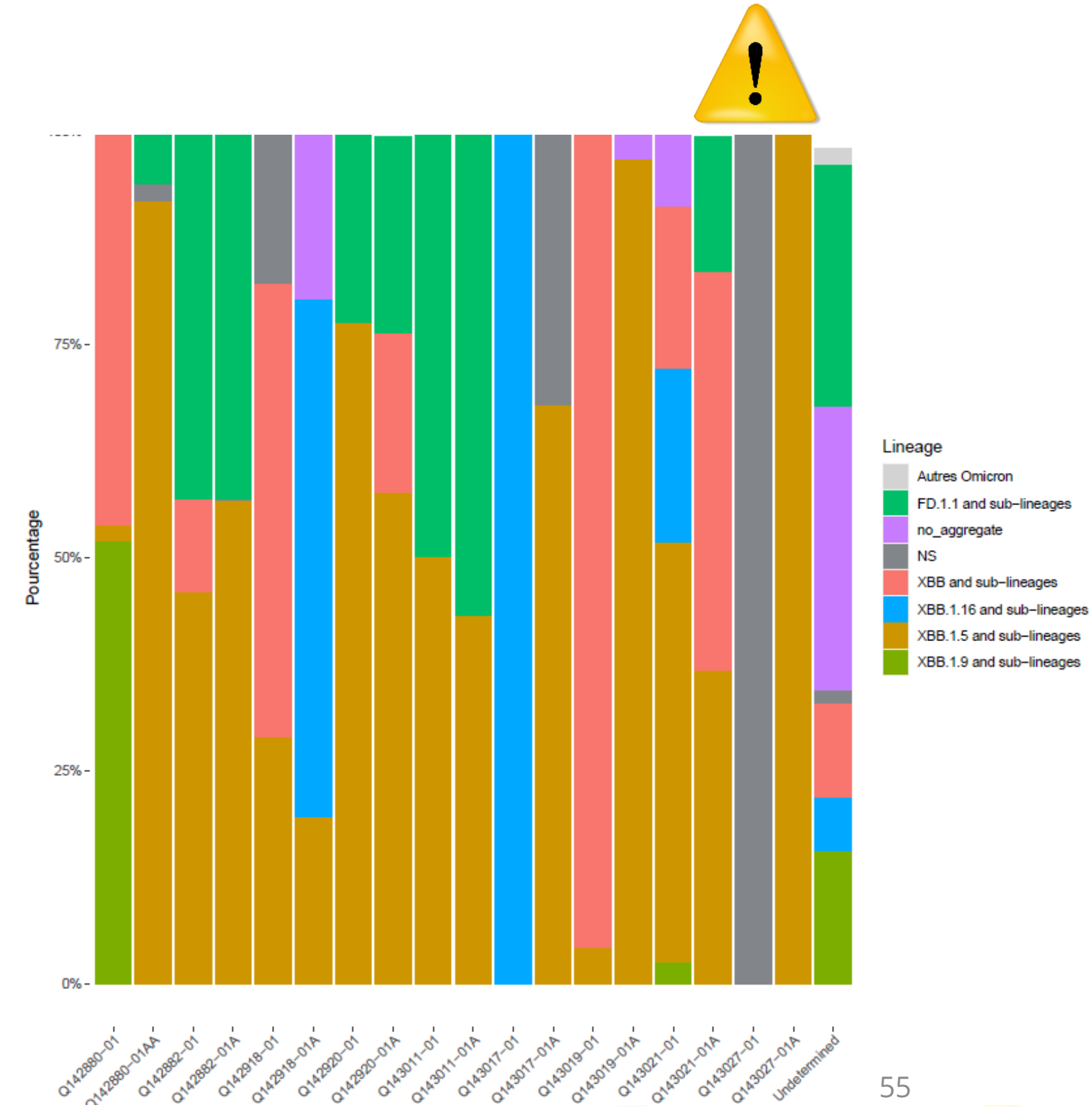
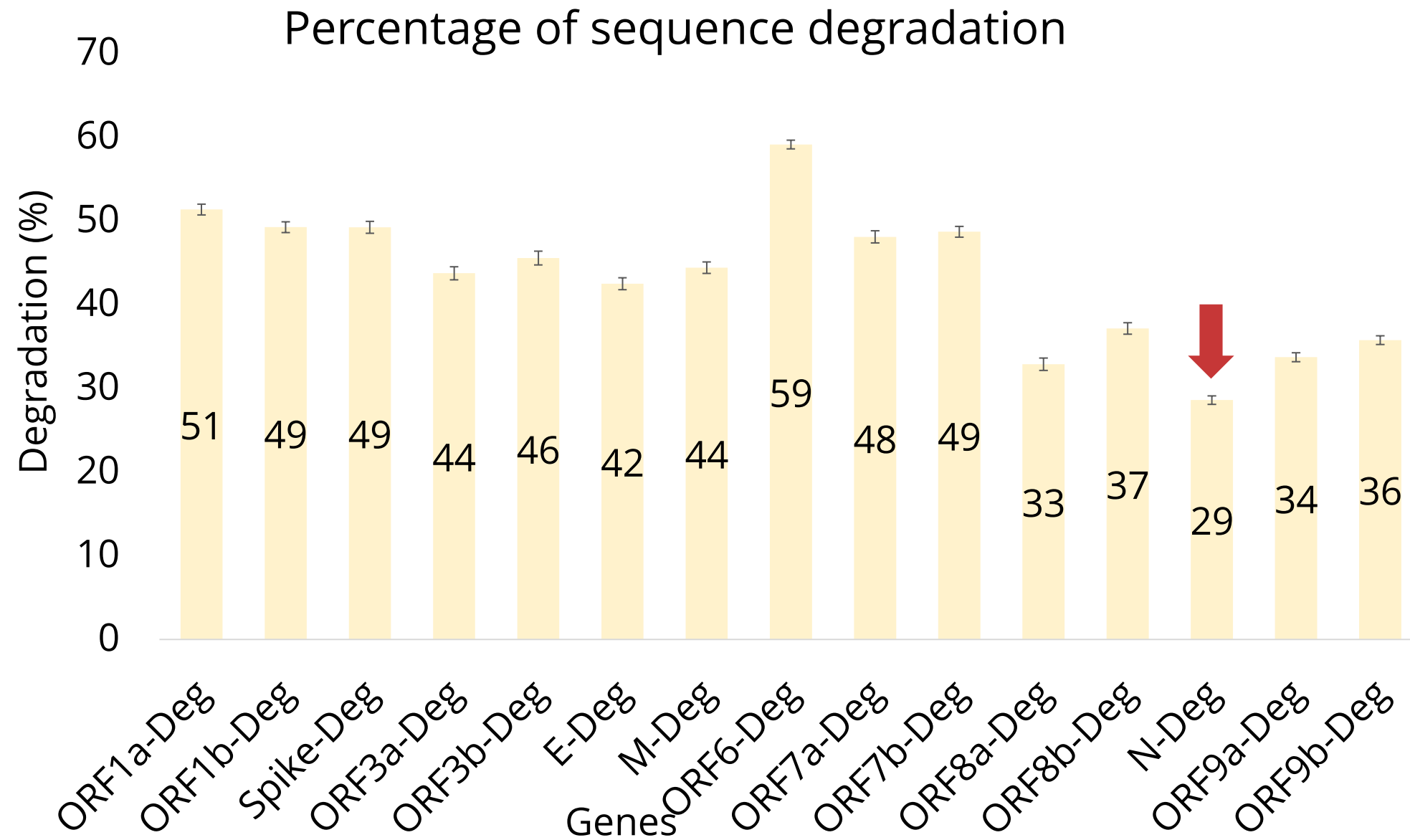
lineage

- Other VOC
- BA.2
- BA.4
- BA.5
- BA.5.2.24 or BA.5.2.25
- sublineage BA.2.75.2
- sublineage BF.7
- sublineage BA.4.6
- sublineages of BQ.1
- recombinant
- Other

# Limitations: Uncertainty in variant calling



- Low viral load
- RNA degradation







# Conclusion



- **Sequencing individual clinical samples yields high-quality sequence data but is dependent on screening tests.**
- **Sequencing from wastewater samples allows for the broader detection and characterization of SARS-CoV-2 variants within the community.**
- **Sequencing SARS-CoV-2 in wastewater should be a complementary tool to sequencing clinical samples.**
- **Future development: Monitoring SARS-CoV-2 variant from Airport Wastewater**

# Thank you

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Rossana Peredo

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Éric Fournier

Dihya Baloul

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Ju Ling Liu



## Discussion Period

### Any questions?

Please use the **Q&A tab** to submit your questions for our speaker. You can “**like**” other people’s questions to push them up in priority.



# Closing Remarks





# Thank You!

Join us on Tuesday, April 30, 2024 (1:00-2:00pm ET) for the next seminar!

Please complete our **survey** that will be shared shortly after the seminar. Scan the QR code.

Seminar recording and presentation slides will be posted on <https://nccid.ca/> within two weeks.

Visit <https://nccid.ca/surveillance-advances-seminar-series/> for more information about the Surveillance Advances seminar series.

