Partner Services for STI Overview

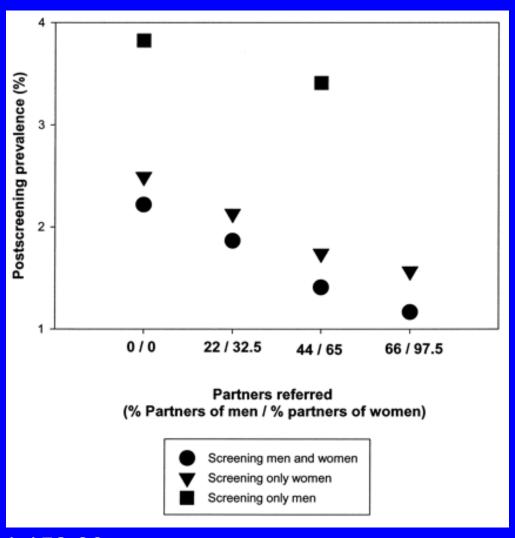
Matthew R. Golden MD, MPH

Professor of Medicine, University of Washington Director, PHSKC HIV/STD Program

Overview

- Background on Partner Services (PS)
- Data evaluating PS
 - Gonorrhea and chlamydial infection
 - HIV
- Thinking about a new system

Effect of Screening and Partner Treatment on Chlamydial Prevalence



Source: Am J Epi 2001;153:90

Background: Types of PS

- 1) Provider referral HD attempts to contact all or almost all patients & to contact all partners
- 2) Contract referral HD attempts to interview all or almost all patients and to contact only partners that are not examined within a specified period of time
- 3) Patient referral No routine public health assistance with PN provided.
 - 1) Simple referral no assistance offered
 - 2) Supported patient referral may involve interview, counseling, offer of assistance, referral cards, etc.

- Population: 1898 Dade Co. Florida STD clinic pt (94% men) ? dates
- Design & Intervention: RCT 3 arms: patient referral, pamphlet selfinterview, conditional referral
- Outcomes: new cases treated, reinfection 4 weeks

<u>Measure</u>	Pt referral	Pamphlet SR	Conditional R
No. partners examine/index	0.37	0.37	0.62
No. new cases treated	154	161	233
% index cases infected at f/u	u* 7.6	6.3	7.7

Source: Cleveland, unpublished

^{* 54%} returned for f/u testing

- Population: Men in Indianapolis STD clinic with NGU
- Intervention: 3 arms: nurse counseling without f/u, DIS interview only, DIS field follow-up (pt. referral)

<u>Measure</u>	Nursing referral	DIS Interview	DIS field f/u
No. men enrolled	217	240	221
No. partner elicited/index	1.16	0.75	0.8
No. partners treated/index	x+ 0.22	0.18	0.72
No. new cases treated	7	8	20

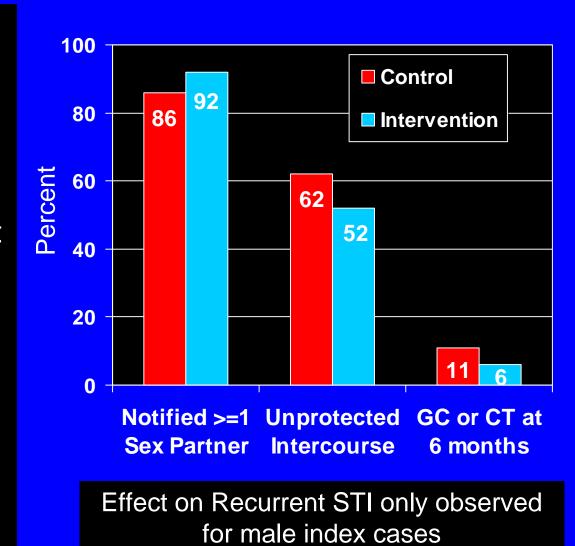
Source: STD 1988;15:11

^{*}p<.01 nursing vs. DIS interview or field f/u +*p<.001 field f/u vs. DIS interview or nursing

Population: 783 STD clinic pts with GC or CT in Brooklyn (59% men)

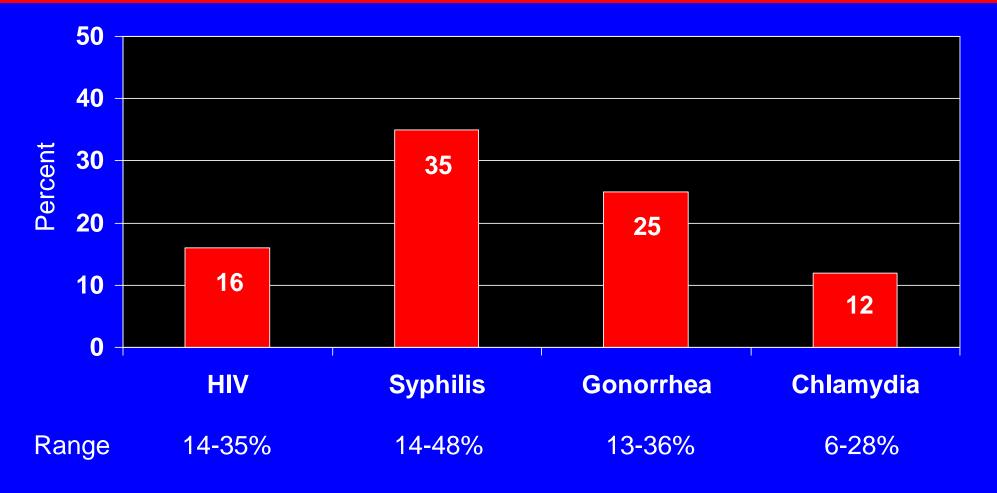
Intervention Group:

- a) Counseling with plan, role playing & behavioral contract
- b) Pamphlet & referral slips
- c) F/u counseling 14 days
- <u>Control Group</u> brief session with health educator + referral slips
- Outcomes: # partners notified per 1 month interview, STI at 6 months



Source: Wilson T. AJPH 2009

Percentage of STIs Diagnosed in STD Clinics in 10 U.S. Cities



Cities: King Co, WA; San Francisco; LA, Denver; Chicago; Baltimore; San Diego; Maricopa & Pima Co., AZ; NYC; St Louis, MO

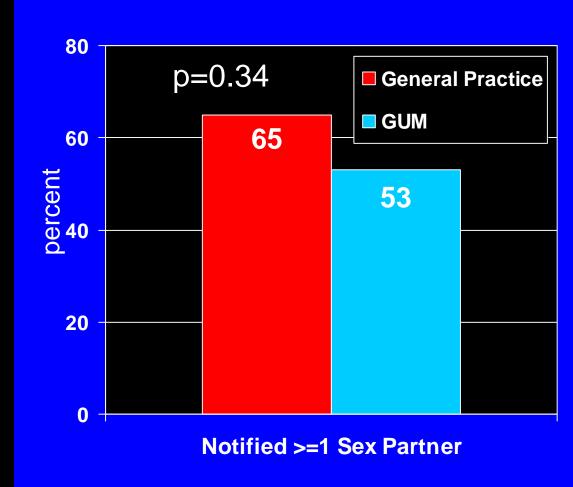
Source: Golden STD 2010;37:264

Population: 140 persons diagnosed with CT in U.K. via home self-collection

Intervention:

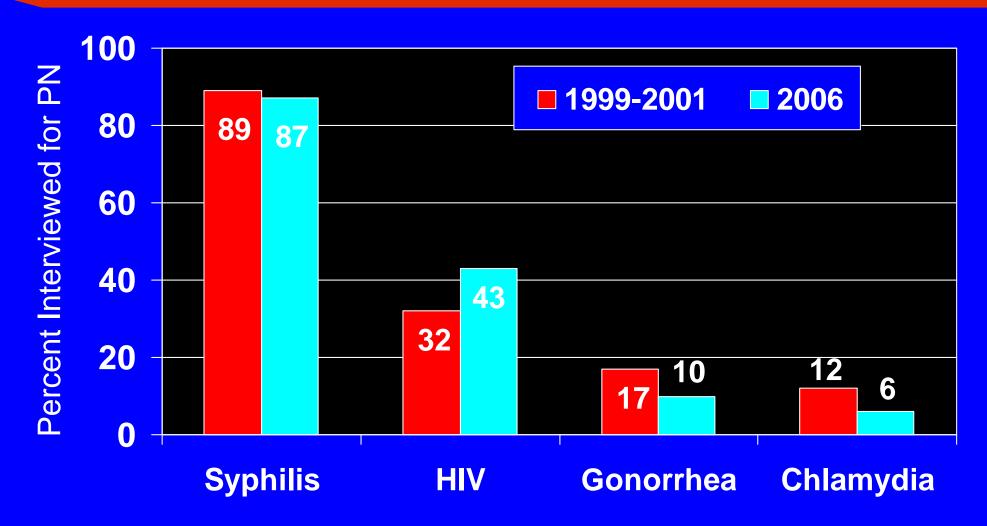
- Counseling by general practice trained nurse with health advisor f/u – contact slips
- 2) Referral to GUM

Outcomes: # >1 treated partner verified or by index case report



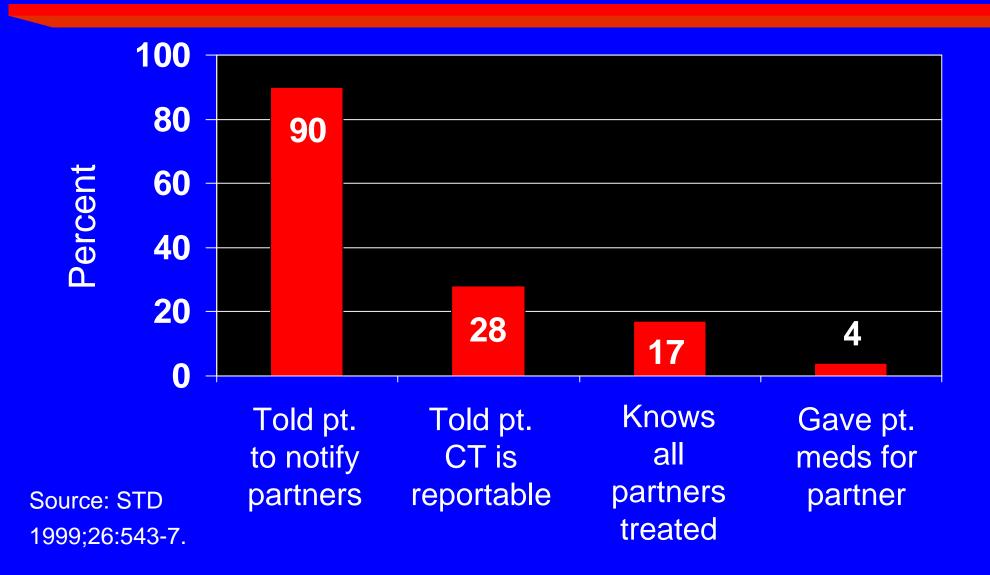
Source: Low N. BMJ 2005

Percentage of Cases of STD/HIV Interviewed for PN in High STD/HIV Morbidity Areas of U.S., 1999-01 & 2006



Sources: STD 2003:30:490, STD 2004;31:709

Chlamydia partner notification practices among private sector providers in King County (n=150)



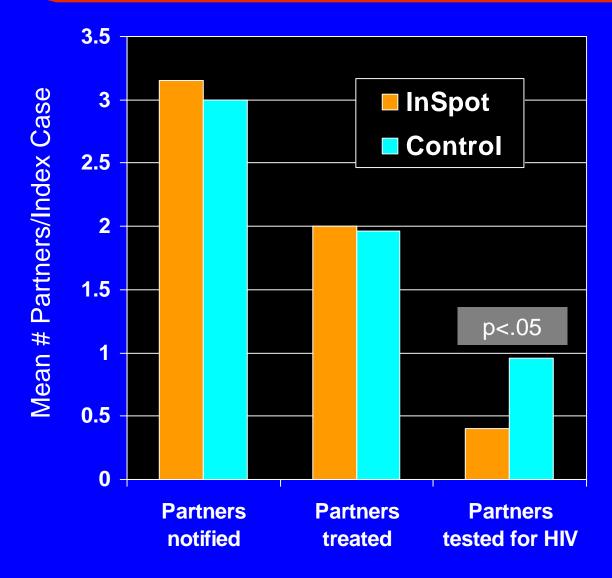
Outcomes of partner notification for gonorrhea and chlamydial infection by patient referral

		%	bartners	3
City (yr)	Number	STD 6	<u>evaluated</u>	Comment
Colorado 1977	93	GC	51%	Routine f/u call
Colorado 1985	3368	GC	62%	50% GC+ self-referred
Canada 1992	37	СТ	68%	Per index pt. report
London 1994	254	СТ	53%	Index pts. had ocular CT
Amsterdam 1997	440	GC/CT	40%	Referral card
Seattle 2001	698	GC/CT	51%	Per index pt. report
Indianapolis 2002	2 241	GC/CT/NGU/T\	/ 65%	"
				"
France 2002	145	Any STD	49%	

Partner notification for gonorrhea & chlamydial infection: conclusions about the existing system

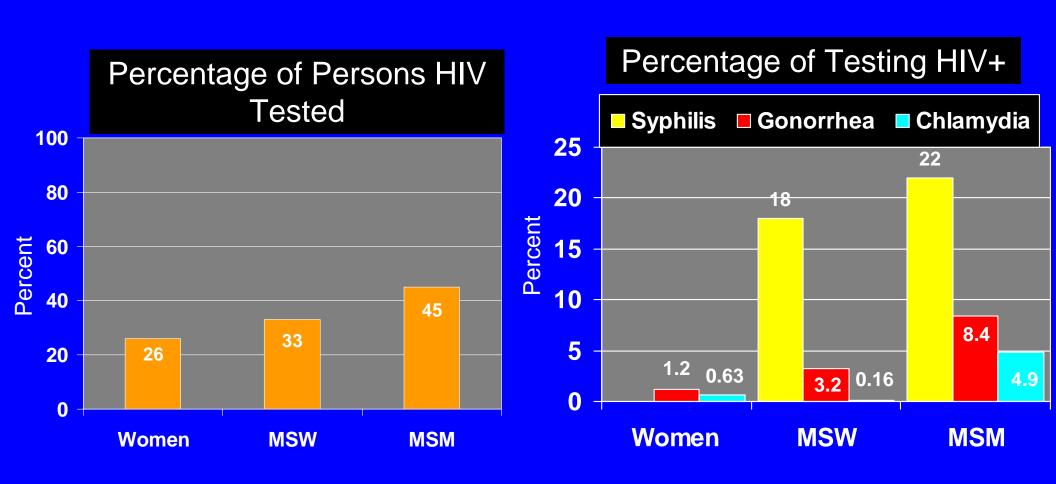
- Limited data support the superiority of provider referral to patient referral
 - Based almost entirely on male STD clinic patients
- While the theoretic basis for believing that PN can reduce the burden of GC/CT is relatively strong, little empiric data supports the efficacy of existing approaches.
- The current scope of public health PS in the U.S. is too narrow to affect the prevalence of GC or CT
- We need lower cost, scalable approaches to PS

A Randomized Trial of InSpot in MSM



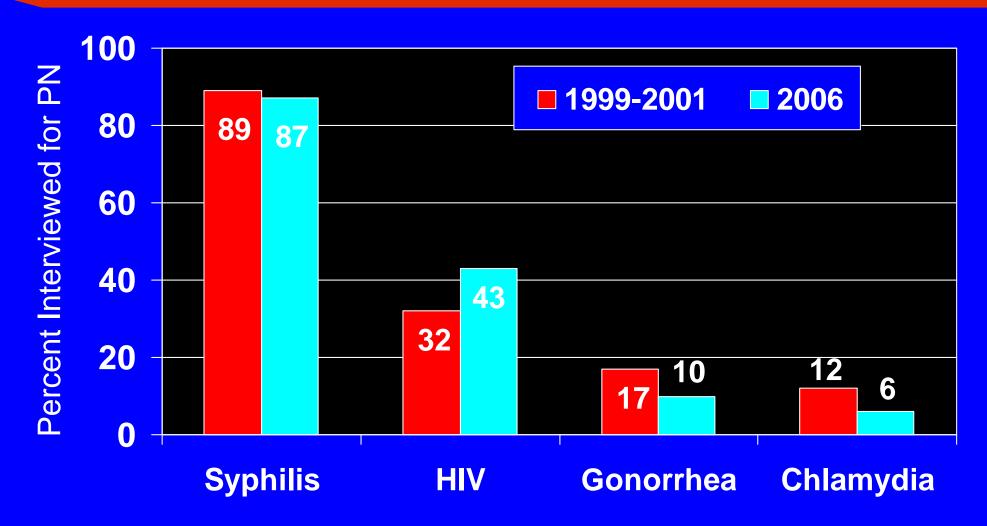
- Population: MSM with GC or CT receiving PS in Seattle
- 4 arm study: PDPT, InSpot, PDPT+ InSpot, Control
- Poor enrollment 75/393
 MSM enrolled
- 53 men completed study
- Only one man assigned to InSpot used it

HIV Testing & New Diagnoses in Persons Receiving PS for Bacterial STD in WA State



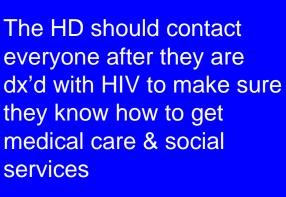
84% of persons with syphilis HIV tested

Percentage of Cases of STD/HIV Interviewed for PN in High STD/HIV Morbidity Areas of U.S., 1999-01 & 2006

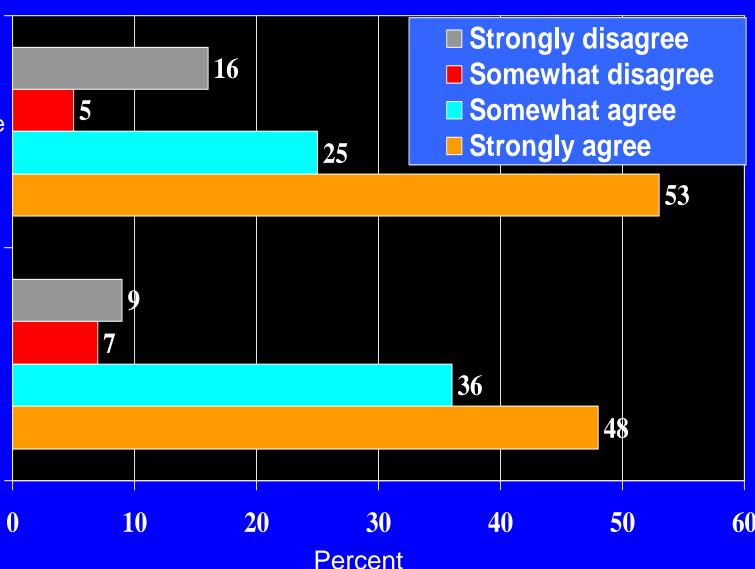


Sources: STD 2003:30:490, STD 2004;31:709

HIV Partner Notification - Acceptability



The HD should offer everyone with HIV help notifying their partners as long as it is completely voluntary and confidential.



Source: JAIDS 2003;32:196

RCT: Conditional vs. patient referral among HIV 74 patients with HIV

Partners notified	Conditional Referral (n=157)	Patient Referral (n=153)
By subject By DIS	8 70	10 *
Total Percent notified (95% CI) Partners testing HIV+	78 * 50 (41-60) 9/36 (25)	10 6 (3.5-12) 5/25 (20)+

Source: Landis, NEJM 1992;326:101

^{*}p<.001

^{+ 20/25} partners in pt. referral group located by DIS >1 month after enrollment

National Studies HIV PN Outcomes

	2001	2006
Population	38 health departments reporting >200 cases AIDS	71 health departments reporting high numbers of cases of HIV or STD
Response rate	60%	73%
HIV PN Coverage		
Total	32%	43%
Median	55%	66%
Number needed to interview to find 1 new case of HIV	13.4	13.8

Source: Katz (unpublished); Golden, Sex Transm Dis 2004;31:709

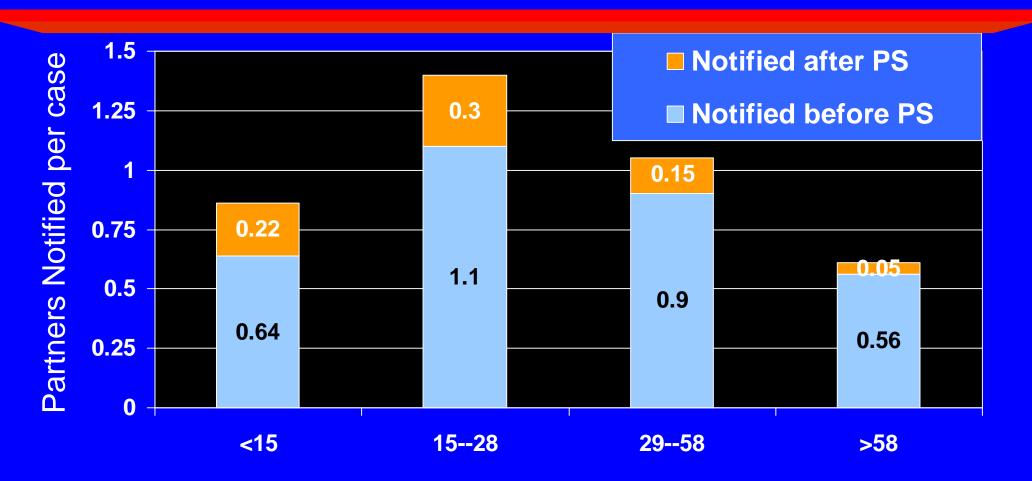
Limitations to Process Outcome Evaluations

- No control group
 - What would people have done without any intervention?
- What level of certainty is required to define a partner as notified, tested, diagnosed or treated?
 - If someone says their partner was tested, is that an outcome we should record?
 - Do PS increase partner notification or do they increase the ascertainment of verified outcomes?

HIV PS: Observational data on patient referral

Author (yr)	Location	Year	Number	Percent MSM	Percent notified any past sex partner
		<u>1041</u>			<u>partiror</u>
Marks 1992	LA	1988-89	111	93%	27%
Schnell 1992	4 cities	1987-90	44	100%	89%*
Golden 2008	Seattle	2007	176	74%	58%
MacKellar 2009	Chicago	2003-4	506	74%	70%
	& LA				
Landis 1992	North Carolina	1988-90	74	50%	16%
					* Main partner only

Number of Partners Notified by PHSKC Disease Investigators by Time from Patient HIV Diagnosis to Receipt of Partner Services



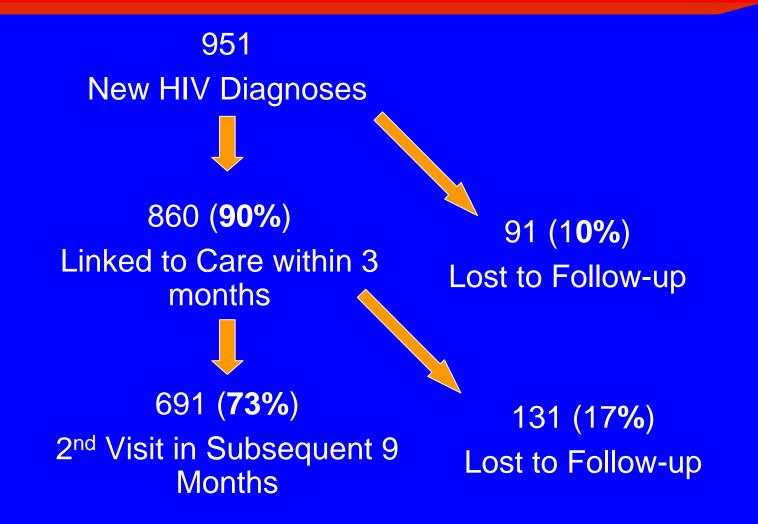
Days from Diagnosis to Receipt of Partner Services

Source: Golden, Sex Transm Dis 2008

Cost-Effectiveness of HIV PN

- Estimates highly variable ~\$5000->20,000 per case detected
 - Public Health Seattle & King County usually spends ~\$10,000 per case detected
- Significant limitations
 - All assume to essentially no one gets a partner treated in the absence of PS
 - Outcomes based on verified outcomes only
 - Incomplete counting of costs
- Cost-effectiveness is uncertain dependent on perspective

Linkage to Care Among Persons with Newly Diagnosed HIV in King County, WA 2007-09



Could the U.S. Provide DIS Services To Everyone with a Reportable STD?

- ~ 1.6 million cases of HIV, syphilis, gonorrhea, and chlamydia reported annually in U.S.
- ~3000 Disease Intervention Specialists (DIS) to provide services to 75% of cases
- ~ \$210 million annually for DIS
- CDC STD budget = \$147 million in 2010

A Variable Approach to PS

1) Higher cost and intensity PS

HIV

- Effectiveness as a case-finding tool in higher income nations is uncertain
- Primary goal may be linkage to care

Syphilis

- Based on tradition
- HIV case-finding may be the primary goal

GC and CT in MSM

- Primary goal may be HIV case-finding needs data
- 2) Lower cost and intensity PS
 - a) Dominant approach to PS for heterosexual gonorrhea and chlamydial infection